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## SUPERFLUID HELIUM AS A TARGET FOR LIGHT DM PARTICLES

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BASED ON:
ACANFORA, ESPOSITO, ADP, EPJC79 (2019) 7, 549
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CAPUTO, ESPOSITO, GEOFFRAY, ADP, SUN, PLB802 (2020) 11, 135258
CAPUTO, ESPOSITO, PICCININI, ADP, ROSSI, PRD103 (2021) 5,055017
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## LANDAU ARGUMENT

Let $\boldsymbol{K}^{\prime}$ be the rest frame of the superfluid, flowing with velocity $V$ with respect to the capillary, which defines the frame $K$.
Describe the effect of friction as the creation of an excitation of energy $\varepsilon=c_{s} p$ in $\boldsymbol{K}^{\prime}$. This must correspond, in $\boldsymbol{K}$, to a negative energy variation (friction is expected to decrease the kinetic energy of the fluid in the capillary):

$$
\begin{gathered}
E=\underbrace{\varepsilon+V \cdot p}_{\Delta E<0}+\frac{1}{2} M V^{2} \\
V>\frac{\epsilon}{p}=c_{s}
\end{gathered}
$$

otherwise the flow is frictionless

$$
V \leq c_{s} \Rightarrow \text { frictionless flow }
$$

## LANDAU ARGUMENT

The energy of the superfluid flowing in pipe is $1 / 2 M V^{2}$
Creating an excitation of momentum $\boldsymbol{p}$, the velocity of the superfluid mass decreases

$$
M V=M V^{\prime}+p
$$

This is possible if energy energy is available to make the excitation

$$
\frac{1}{2} M V^{2} \geq \frac{1}{2} M\left(V^{\prime}\right)^{2}+\varepsilon
$$

Eliminating $V^{\prime}$ we are left with

$$
V \geq \frac{\varepsilon}{p}+\frac{p}{2 M} \geq \frac{\varepsilon}{p} \Rightarrow V \leq c_{s} \Rightarrow \text { frictionless flow }
$$

## PAUCITY OF EXCITATIONS

The main aspect of the physics of superfluidity is the paucity of gapless excitation. The number density of excitations is

$$
n(E) d E \propto d^{3} k
$$

Therefore

$$
n(E) \propto \frac{k^{2}}{d E / d k}= \begin{cases}\sim k^{2} \sim E^{2} & \text { linear dispersion relation } \\ \sim k \sim \sqrt{E} & \text { quadratic dispersion relation }\end{cases}
$$

So in the limit $\boldsymbol{E} \rightarrow \mathbf{0}$ there are way less excitations in the first case.
This qualitatively means that there are few modes that a superfluid flowing in a can can loose momentum to: frictionless flow.

## SYSTEM OF REPELLING BOSONS

$$
\mathscr{L}=-\left(\partial_{\mu} \Phi^{\dagger}\right)\left(\partial^{\mu} \Phi\right)-m^{2} \Phi^{\dagger} \Phi-\lambda\left(\Phi^{\dagger} \Phi\right)^{2}, \quad \lambda>0
$$

In the non relativistic limit, taking $\Phi(t, \mathbf{x})=\frac{1}{\sqrt{2 m}} e^{-i m t} \varphi(t, \mathbf{x})$
and neglecting $\ddot{\boldsymbol{\varphi}}$ and $\dot{\boldsymbol{\varphi}}^{2}$

$$
\begin{gathered}
\mathscr{L}=i \varphi^{\dagger} \frac{\partial}{\partial t} \varphi-\frac{1}{2 m} \nabla_{i} \varphi^{\dagger} \nabla_{i} \varphi-\frac{\lambda}{4 m^{2}}\left(\varphi^{\dagger} \varphi\right)^{2} \\
\text { Require a finite density }\left([\varphi]=E^{3 / 2}\right) \\
\mathscr{L}=i \varphi^{\dagger} \frac{\partial}{\partial t} \varphi-\frac{1}{2 m} \nabla_{i} \varphi^{\dagger} \nabla_{i} \varphi-\frac{\lambda}{4 m^{2}}\left(\varphi^{\dagger} \varphi-\bar{\rho}\right)^{2}
\end{gathered}
$$

In such a way the potential term (bottle bottom) forces $\varphi \sim \bar{\rho}^{1 / 2}$

## FINITE DENSITY

Since $\boldsymbol{\varphi}$ is complex, in presence of finite density we can use the representation $\varphi(x)=\sqrt{\rho(x)} e^{i \theta(x)}$, where $\rho$ is the \#density

$$
\mathscr{L}=\underbrace{\frac{i}{2} \frac{d}{d t} \rho}_{\text {total der. }}-\rho \frac{\partial}{\partial t} \theta-\frac{1}{2 m}\left(\rho\left(\nabla_{i} \theta\right)^{2}+\frac{1}{4 \rho}\left(\nabla_{i} \rho\right)^{2}\right)-\frac{\lambda}{4 m^{2}}(\rho-\bar{\rho})^{2}
$$

$$
\frac{\partial \mathscr{L}}{\partial \dot{\theta}}=-\rho \text { can. conjugate of } \theta
$$

An isolated system w/ a definite number of particles does not have a definite phase $\boldsymbol{\theta}$ and viceversa. If two condensates come in contact and exchange particles, then they have a definite relative phase: phase coherence over space giving interference fringes (with space period $h / p_{\text {rel }}$ )

## FINITE DENSITY

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$$
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$$

$$
\frac{\partial \mathscr{L}}{\partial \dot{\theta}}=-\rho \text { conjugate of } \theta
$$



Ketterle at MIT

## DENSITY FLUCTUATIONS

$$
\begin{aligned}
& \text { The next step is to introduce } \sqrt{\rho(x)}=\sqrt{\bar{\rho}}+\eta(x) \\
& \mathscr{L}=-\frac{\bar{\rho}}{2 m}\left(\nabla_{i} \theta\right)^{2} \underbrace{-\eta\left(\frac{\lambda}{m^{2}} \bar{\rho}-\frac{1}{2 m} \nabla_{i}^{2}\right)}_{-\frac{1}{2} \eta \cdot K \cdot \eta} \eta \underbrace{-\eta 2 \sqrt{\bar{\rho}} \partial_{0} \theta}_{\eta \cdot J}
\end{aligned}
$$

do the Gaussian integral on the fluctuation $\boldsymbol{\eta}(\boldsymbol{x})$ - integrate out small fluctuation in the density

$$
\mathscr{L}=-\frac{\bar{\rho}}{2 m}\left(\nabla_{i} \theta\right)^{2}+\bar{\rho}\left(\partial_{0} \theta\right)\left(\frac{1}{\frac{\lambda}{m^{2}} \bar{\rho}-\frac{1}{2 / m} \nabla_{i}^{2}}\right)\left(\partial_{0} \theta\right)+\ldots
$$

and consider small wave-numbers $k \ll \sqrt{\frac{2 \lambda \bar{\rho}}{m}}$, very long wavelength

## THE LINEAR DISPERSION FROM OFT

$$
\mathscr{L}=\frac{\left(\partial_{0} \theta\right)^{2}}{\lambda / m^{2}}-\frac{\bar{\rho}}{2 m}\left(\nabla_{i} \theta\right)^{2}
$$

from this write the equation of motion

$$
\frac{2}{\lambda / m^{2}} \partial_{0}^{2} \theta-\frac{\bar{\rho}}{m} \partial^{2} \theta=0
$$

and seek a solution in the form $\theta(x) \sim e^{i(k \cdot x-\omega t)}$ getting

$$
\begin{gathered}
-\frac{2 \omega^{2} m^{2}}{\lambda}+\frac{\bar{\rho} k^{2}}{m}=0 \\
\text { or } \\
\omega=\underbrace{\sqrt{\frac{\lambda \bar{\rho}}{2 m^{3}}}}_{c_{s}} k \quad \text { "gapless mode" }
\end{gathered}
$$

## PHONONS \& ROTONS



The sound velocity grows with repulsion and density. In superfluid helium it is $c_{s}=248 \mathrm{~m} / \mathrm{s}$.

## BACK TO THE RELATIVISTIC FORMALISM

In the previous Lagrangian scale/adjust the $x_{\mu}$ coordinates to write

$$
\begin{gathered}
\mathscr{L}=\frac{\left(\partial_{0} \theta\right)^{2}}{\lambda / m^{2}}-\frac{1}{2 m / \bar{\rho}}\left(\nabla_{i} \theta\right)^{2}=\frac{m^{2}}{\lambda}\left(\left(\partial_{0} \theta\right)^{2}-c_{s}^{2}\left(\nabla_{i} \theta\right)^{2}\right) \\
t \rightarrow c_{s} t \\
\mathscr{L}=-\frac{\left(c_{s} m\right)^{2}}{\lambda}\left(\partial_{\mu} \theta \partial^{\mu} \theta\right)=-\xi^{2}\left(\partial_{\mu} \theta \partial^{\mu} \theta\right)
\end{gathered}
$$

Consider the case $\theta(x)=\theta(t)$. In place of $\theta$ we may use the new phase $\psi=m t \simeq \mu t$ which represents a family of solutions of the equations of motion; $\mathscr{L}=-\partial_{\mu} \psi \partial^{\mu} \psi$.

## SSB

The relativistic and non-relativistic lagrangians we discussed so far have a $U(1)$-global symmetry which, in $\mathscr{L}=-\xi^{2}\left(\partial_{\mu} \theta \partial^{\mu} \theta\right)$, is represented by translations $\theta(x) \rightarrow \theta(x)+\alpha$

This internal symmetry is SB: in the condensate $\langle N\rangle \neq 0$, at finite density.

## CHEMICAL POTENTIAL

At finite density it is customary to look for the ground state as the state which minimizes $\widetilde{H} \equiv H-\mu N$ where $N$ is the $U(1)$ conserved charge/particle number and $\boldsymbol{\mu}$ a Lagrange multiplier, which can be interpreted as chemical potential.

Heisenberg operators evolve in time with $\boldsymbol{H}$, the true Hamiltonian.

The internal symmetry generated by $N$ is spontaneously broken. The vacuum we are seeking is $\widetilde{H}|0\rangle=0$ so can't be eigenstate neither of $N$ nor of $H$ : if $N$ is spontaneously broken also $H$ is.

## LOCAL CHEMICAL POTENTIAL

The implementation of a chemical potential goes through the introduction of a time-dependent phase in the $U(1)$ direction.

$$
\psi(x)=\mu t+c_{s} \mu \frac{1}{\sqrt{\mu \bar{\rho}}} \pi(x)
$$

$$
X \equiv \sqrt{-\partial_{\mu} \psi \partial^{\mu} \psi}
$$

In place of $\mathscr{L}(x)$ use $P(X)-P$ from pressure. In the absence fluctuations, $X=\mu$, and $P(\mu)$ defines the equation of state.

$$
\left([\pi]=E, \quad[\psi]=[\theta]=E^{0}, \quad[X]=E\right)
$$

A. Nicolis, 1108.2513 [hep-th]
A. Nicolis, R. Penco, F. Piazza, R. Rattazzi, JHEP (2015)
A. Nicolis, R. Penco, Phys. Rev. B97, 134516 (2018)

$$
\mathscr{L}_{\mathrm{He}}=\frac{1}{2} \dot{\pi}^{2}-\frac{c_{s}^{2}}{2}(\nabla \pi)^{2}+\frac{g_{1}}{2} \dot{\pi}(\nabla \pi)^{2}+\frac{g_{2}}{3!} \dot{\pi}^{3}
$$

## The last two terms vanish for $q_{\mu} \rightarrow 0$

$$
\begin{gathered}
g_{1}=-\sqrt{\frac{m_{\mathrm{He}} c_{s}^{2}}{\bar{\rho}}} \frac{1}{m_{\mathrm{He}}} \quad g_{2}=\left(\frac{m_{\mathrm{He}} c_{s}^{2}}{\bar{\rho}}\right)^{3 / 2} \bar{\rho}^{\prime \prime}(\mu) \\
P^{\prime}(\mu)=\bar{\rho}(\mu) \quad\left[P^{\prime}\right]=E^{3} \quad\left[P^{\prime \prime}\right]=E^{2} \quad\left[P^{\prime \prime \prime}\right]=E \\
c_{s}^{2}=\frac{P^{\prime}(\mu)}{\mu P^{\prime \prime}(\mu)} ; \quad \text { In the NR limit } \mu \simeq m_{\mathrm{He}}
\end{gathered}
$$

## RANGE OF VALIDITY OF EFT

The linear dispersion relation featured by the field theory holds true for phonons with momenta $|\boldsymbol{p}|<1 \mathrm{keV}$, which means $\varepsilon<1 \mathrm{meV}$. Above this point linearity is lost: the EFT needs higher dimensional operators and predictive power decreases.

## DM COUPLING TO HELIUM

Introduce a mediator $\boldsymbol{\phi}$ assuming spin independent interactions

$$
\mathscr{L}_{I}=g_{\chi} m_{\chi} \phi|\chi|^{2}+g_{\mathrm{He}} \phi \rho
$$

where $\boldsymbol{\rho}$ is the Helium number density, acquiring avev $\overline{\boldsymbol{\rho}}$ in the condensate. In its passage through helium the DM particle has an effective mass lighter than the vacuum value $m_{\chi}$

$$
m_{\chi}^{2}-\underbrace{\left(\frac{g_{\chi} g_{\mathrm{He}}}{m_{\phi}^{2}}\right)}_{G_{\chi}} m_{\chi} \underbrace{\bar{\rho}(\mu)}_{P^{\prime}(\mu)} \equiv m_{\chi}^{2}(\mu)
$$

where $\mu \simeq m_{\mathrm{He}}$ in the NR limit.

## DM COUPLING TO HELIUM

The floating effect of DM in its passage in Helium, is
translated into an effective mass in

$$
\mathscr{L}_{I}=-|\partial \chi|^{2}-m^{2}(X)|\chi|^{2}
$$

where we have promoted $\boldsymbol{\mu}$ to the local chemical potential $\boldsymbol{X}$, and an expansion in powers of $\boldsymbol{\pi}(\boldsymbol{x})$ leads to

$$
\mathscr{L}_{I}=\mathscr{G}_{1} \dot{\pi}|\chi|^{2}+\frac{\mathscr{G}_{2}}{2}(\nabla \pi)^{2}|\chi|^{2}+\frac{\mathscr{G}_{3}}{2} \dot{\pi}^{2}|\chi|^{2}
$$

$$
\mathscr{G}_{1} \simeq G_{\chi} m_{x} \sqrt{\frac{\bar{n}}{m_{\mathrm{He}} c_{s}^{2}}} \quad \mathscr{G}_{2}=-G_{\chi} m_{\chi} \frac{1}{m_{\mathrm{He}}} \quad \mathscr{G}_{3}=G_{\chi} m_{\chi} \frac{m_{\mathrm{He}} c_{s}^{2}}{\bar{\rho}} \bar{\rho}^{\prime \prime}
$$

## FEYNMAN RULES

$$
\begin{aligned}
& 3 \stackrel{\rightharpoonup}{a} \\
& -\left(\mathscr{G}_{3} \omega_{1} \omega_{2}+\mathscr{G}_{2} \mathbf{q}_{1} \cdot \mathbf{q}_{2}\right) \\
& -i g_{1}\left(\omega_{1} \mathbf{q}_{2} \cdot \mathbf{q}_{3}+(213)+(312)\right)-i g_{2} \omega_{1} \omega_{2} \omega_{3} \\
& \text { (123) }
\end{aligned}
$$

## FEYNMAN RULES

$$
\Delta_{\pi}=\frac{i}{\omega^{2}-c_{S}^{2} \mathbf{q}^{2}+i \epsilon}
$$

## phonon propagator

We will require that momenta flowing in $\boldsymbol{\Delta}_{\pi}$ do not exceed the cutoff of the EFT, $|\mathbf{q}|<1 \mathrm{keV}$ - this removes the $\boldsymbol{\theta}_{12}=0$ divergence.

## ACOUSTIC SCINTILLATORS

## Quantum evaporation - angle wrt normal to the surface $\lesssim 25^{\circ}$



## ACOUSTIC SCINTILLATORS



Helium sticks more strongly to any surface than it does to itself

## ACOUSTIC SCINTILLATORS



See S. Hertel et al. arXiv:2307.11877

## ACOUSTIC SCINTILLATORS

There are very few surfaces that superfluid He does not wet.

Need some barrier to keep ${ }^{4} \mathrm{He}$ from flowing to the sensor.


See S. Hertel et al. arXiv:2307.11877

## ACOUSTIC SCINTILLATORS

## Next Steps: Pushing the Gain

## 1. Higher van der Waals gain per atom

- Depends on the calorimeter surface
- ~10meV/atom is typical of many surfaces
- Expect higher energies from polar lattices/surfaces
$\rightarrow$ Near-term plan to test $\mathrm{Al}_{2} \mathrm{O}_{3}$ calorimeter
Expect $20-30 \mathrm{meV} /$ atom (based on condensed matter sim)
(Improvement by factor of a few)



## ONE-PHONON EMISSION

The recoil $q$ is transformed into a phonon of energy $c_{s} q$

$$
\begin{aligned}
m_{\chi}+\frac{\boldsymbol{p}_{\chi}^{2}}{2 m_{\chi}} & =m_{\chi}+\frac{\left(p_{\chi}^{\prime}\right)^{2}}{2 m_{\chi}}+c_{s} q \\
\mathbf{p}_{\chi} & =\mathbf{p}_{\chi}^{\prime}+\mathbf{q}
\end{aligned}
$$

Let $\boldsymbol{\alpha}$ be the angle between $\boldsymbol{p}_{\boldsymbol{\chi}}$ and $\boldsymbol{q}$. Since $p_{\chi}=m_{\chi} v_{\chi}$ we have

$$
\begin{gathered}
\cos \alpha=\frac{q}{2 m_{\chi} v_{\chi}}+\frac{c_{s}}{v_{\chi}} \\
\varepsilon_{\max }=c_{s} q_{\max }=2 m_{\chi} c_{s}\left(v_{\chi}-c_{s}\right) \simeq 2 m_{\chi} c_{s} v_{\chi} \simeq 2 m_{\chi} \times 10^{-9}>0.62 \mathrm{meV}
\end{gathered}
$$

$$
\text { need } m_{\chi} \approx 300 \mathrm{keV}
$$

## TWO PHONON EMISSION

In calorimetric techniques, the minimum readable energy deposit is estimated to be 1 meV . By stopping the DM particle in medium

$$
\frac{1}{2} m_{X} \times 10^{-6} \geq 1 \mathrm{meV}
$$

or

$$
m_{x} \geq 1 \mathrm{keV}
$$

In principle we can probe dark matter masses much lower than 300 keV, and this can be done, not stopping the DM particle, but considering two-phonon $\left(\boldsymbol{q}_{1}, \boldsymbol{q}_{2}\right)$ emission processes. Kinematically

$$
\left|\mathbf{q}_{1}+\mathbf{q}_{2}\right| \lesssim 2 m_{\chi} v_{\chi}
$$

Consider $m_{\chi}=1 \mathrm{keV}$ so that (way below the EFT cutoff)

$$
\left|\mathbf{q}_{1}+\mathbf{q}_{2}\right| \simeq 2 \mathrm{eV}
$$

Consider $m_{\chi}=1 \mathrm{keV}$ so that $\left|\mathbf{q}_{1}+\mathbf{q}_{2}\right| \simeq 2 \mathrm{eV}$. On the other hand we need $c_{s} q_{1}+c_{s} q_{2} \simeq 10^{-6} \times\left(q_{1}+q_{2}\right) \geq 1 \mathrm{meV}$, so that must be $q_{1,2} \approx 1 \mathrm{keV}$ : can be done w/ back-to-back 3-momenta $\mathbf{q}_{1}, \mathbf{q}_{2}$

The presence of the medium breaks boost invariance and the rate must be computed directly in the LAB frame.

$$
\begin{gathered}
\Gamma(\chi \rightarrow \chi+2 \pi)=\frac{1}{8(2 \pi)^{4} c_{s}^{5} E} \int_{\mathscr{R}} \frac{|\mathscr{M}|^{2}}{\sqrt{1-\mathscr{A}^{2}}} \frac{\omega_{2}}{p_{\chi}} d \omega_{1} d \omega_{2} d \theta_{12} d \theta_{2} \\
\mathscr{A}\left(\theta_{12}, \theta_{2}, \omega_{1}, \omega_{2}\right)=\frac{1}{\sin \theta_{12} \sin \theta_{2}}\left(\cos \theta_{12} \cos \theta_{2}+\frac{\omega_{2}}{\omega_{1}} \cos \theta_{2}-\frac{\omega_{2}}{c_{s} p_{\chi}} \cos \theta_{12}-\frac{\omega_{1}^{2}+\omega_{2}^{2}}{2 \omega_{1} c_{s} p_{\chi}}\right)
\end{gathered}
$$

The integration region $\mathscr{R}$ is defined by $|\mathscr{A}| \leq 1$. In the limit $m_{\chi} \rightarrow 0$

$$
\mathscr{A} \sim-\frac{1}{p_{\chi}} \frac{\left(\mathbf{q}_{1}+\mathbf{q}_{2}\right)^{2}}{\left|\mathbf{q}_{1} \times \mathbf{q}_{2}\right|} \sim-\underbrace{\frac{1}{p_{\chi}}}_{\text {large }} \times \underbrace{\frac{1+\cos \theta_{12}}{\sin \theta_{12}}}_{\text {small if } \theta_{12} \rightarrow \pi}
$$

## TWO-PHONON EMISSION

$$
\begin{gathered}
\mathscr{A}\left(\theta_{12}, \theta_{2}, \omega_{1}, \omega_{2}\right)=\frac{1}{\sin \theta_{12} \sin \theta_{2}}\left(\cos \theta_{12} \cos \theta_{2}+\frac{\omega_{2}}{\omega_{1}} \cos \theta_{2}-\frac{\omega_{2}}{c_{s} p_{\chi}} \cos \theta_{12}-\frac{\omega_{1}^{2}+\omega_{2}^{2}}{2 \omega_{1} c_{s} p_{\chi}}\right) \\
\text { Taking } \omega \simeq 1 \mathrm{meV} \text { and } c_{s} p_{\chi} \simeq 10^{-9} \times m_{\chi}
\end{gathered}
$$

$$
\frac{\omega}{c_{s} p_{\chi}} \simeq 1 \text { for } m_{\chi} \simeq 1 \mathrm{MeV}
$$

For higher values of the masses the yellow terms become less important and phase space (with no cuts) allows all $2 \pi$ configurations.
But we have cuts! $\left|\mathbf{q}_{1}+\mathbf{q}_{2}\right|<1 \mathrm{keV}$. Larger $p_{\chi}$ hit this cut more often. Taking $q_{1}=q_{2}=\omega / c_{s}$ and $\omega \sim 1 \mathrm{meV}$ we get

$$
\theta_{12}>2 \pi / 3
$$

The lighter dark particle mass we want to probe, the more back-to-back is the two-phonon emission. Highly recoiling phonons are, in any case, preferred (EFT cuts).

Now we will see that the more back-to-back is the two-phonon emission, the smaller is the matrix element $\mathscr{M}$.


(b)

## TWO-PHONON EMISSION

$$
\begin{gathered}
\mathscr{M}_{a}=i^{1}(-1)\left(\mathscr{G}_{3} \omega_{1} \omega_{2}+\mathscr{G}_{2} \mathbf{q}_{1} \cdot \mathbf{q}_{2}\right) \\
\mathscr{M}_{b}=i^{2}\left(i \mathscr{G}_{1} \omega\right) \times \frac{i}{\omega^{2}-c_{s}^{2} \mathbf{q}^{2}} \times(\underbrace{}_{1} \underbrace{\left(\omega_{1} \mathbf{q}_{2} \cdot \mathbf{q}\right.}_{(12 \diamond)}+(21 \diamond)+(\diamond 12))+i g_{2} \omega \omega_{1} \omega_{2})
\end{gathered}
$$

From the couplings determined in the effective theory we observe that

$$
\begin{gathered}
\mathscr{G}_{1} g_{2}=\mathscr{G}_{3} \text { and } \mathscr{G}_{1} g_{1}=\mathscr{G}_{2} \\
\mathscr{M}_{b}=\omega \times \frac{i}{\omega^{2}-c_{s}^{2} \mathbf{q}^{2}} \times(\mathscr{G}_{2}(\underbrace{\omega_{1} \mathbf{q}_{2} \cdot \mathbf{q}}_{(12 \diamond)}+(21 \diamond)+(\diamond 12))+\mathscr{G}_{3} \omega \omega_{1} \omega_{2})
\end{gathered}
$$

In the limit $\mathbf{q} \rightarrow \mathbf{0}$ (corresponding to the back-to-back case) there is a (perfect) cancellation of $\mathscr{M}_{a}$ and $\mathscr{M}_{b}$.

## TWO-PHONON EMISSION

The relations found in the effective theory

$$
\mathscr{G}_{1} g_{2}=\mathscr{G}_{3} \text { and } \mathscr{G}_{1} g_{1}=\mathscr{G}_{2}
$$

are a manifestation of the conservation of the $J^{\mu}(x)$ current associated to the $U(1)$ symmetry of the superfluid
$q_{\mu}\left\langle\pi\left(q_{1}\right) \pi\left(q_{2}\right)\right| J^{\mu}(x)|0\rangle=\omega\left\langle\pi\left(q_{1}\right) \pi\left(q_{2}\right)\right| \rho(x)|0\rangle+\boldsymbol{q} \cdot\left\langle\pi\left(q_{1}\right) \pi\left(q_{2}\right)\right| J|0\rangle$

If $\boldsymbol{q} \rightarrow \mathbf{0}$, the second term vanishes and, to ensure the
conservation of the current, one needs $\omega\left\langle\pi\left(q_{1}\right) \pi\left(q_{2}\right)\right| \rho(x)|0\rangle=0$
Given that $\omega \neq 0$ - the latter corresponds to $\mathscr{M}_{a}+\mathscr{M}_{b} \rightarrow 0$.

## THE EXCLUSION PLOT

The previous discussion explains the rise below 1 MeV observed by other means by Schutz \& Zurek PRL2016, 117


Excluded region corresponding to $3 / \mathrm{evts} / \mathrm{Kg} /$ year @ zero bckg. Impose total energy released $>1 \mathrm{meV}$ See also S. Knapen, T. Lin, K.M. Zurek, PRD95 (2017) 056019

## THREE-PHONON EMISSION

## Cygnus Shaped Events @ $m_{\chi} \approx 500$ keV



For a good fraction of the events, DM releases most of its $\boldsymbol{p}$ to the fwd $\boldsymbol{\pi}$. A. Caputo, A. Esposito, F. Piccinini, ADP, G. Rossi, PRD103 (2021) 5, 055017

## CYGNUS EVENTS

## Such $3 \pi$ events are suppressed wrt $2 \pi$ events but

- The two back-to-back phonons may be used as a trigger to look for the third, forward phonon, which turns out to be strongly correlated with the direction of the incoming DM
- this allows in principle background rejection, vertex reconstruction (remove multiple scatterings due to other sources e.g. neutrons) and directionality!

You simply need the perfect detector of phonons in Superfluid He....

## CYGNUS EVENTS

$$
R=\frac{\rho_{x}\left(=0.3 \mathrm{GeV} / \mathrm{cm}^{3}\right)}{m_{\chi} \bar{n} m_{\mathrm{He}}} \Gamma_{3 \pi}
$$



$$
\sigma_{n}=10^{-42} \mathrm{~cm}^{2}
$$

A. Caputo, A. Esposito, F. Piccinini, ADP, G. Rossi, PRD103 (2021) 5, 055017

## THREE-PHONON EMISSION

The quartic phonon couplings $\left(\lambda_{1}, \lambda_{2}, \lambda_{3}\right)$ have to be worked out from the EFT, as well as the couplings $\left(\gamma_{1}, \gamma_{2}\right)$ responsible for DM-3 $\boldsymbol{\pi}$.


For $\boldsymbol{q} \rightarrow 0, \mathscr{M}_{a}+\mathscr{M}_{c} \rightarrow 0$ and $\mathscr{M}_{b}+\mathscr{M}_{d} \rightarrow 0$

The $1 \rightarrow 4$ process is factorized into three $1 \rightarrow 2$ processes by introducing two fictitious space-like 4 -momenta $q, k$.

In its passage the DM particle releases a space-like momentum and the superfluid reacts producing two space-like phonons $q_{\mu}=\left(\mathbf{q}, c_{s} q\right)$, with $c_{s}=10^{-6}$. In the case of the two-phonon emission an analytic formula can be determined.

## THREE-PHONON EMISSION

The $1 \rightarrow 4$ process is factorized into three $1 \rightarrow 2$ processes by introducing two fictitious space-like 4 -momenta $q, k$.


Calculations including M.E. are done numerically; we checked numerical phase space volumes against analytic calculations.

## PHASE SPACES

$$
\begin{gathered}
\text { Set M.E. }=1 \\
\Phi(\chi \rightarrow \chi+2 \pi)=\frac{1}{8(2 \pi)^{4} c_{s}^{5} E} \int_{\mathscr{R}} \frac{1}{\sqrt{1-\mathscr{A}^{2}}} \frac{\omega_{2}}{p_{\chi}} d \omega_{1} d \omega_{2} d \theta_{12} d \theta_{2} \\
\Phi(\chi \rightarrow \chi+2 \pi)=\frac{1}{2\left(p_{\chi} / c_{s}\right)} I_{3} \\
I_{3}=\frac{p_{\chi}^{3}}{96 \pi^{3} c_{s}^{3} m_{\chi}} \\
\text { In the } 3 \pi \text { case the PS volume is } I_{4}=\frac{1}{53760 \sigma^{5} c^{5}=\frac{1}{\sin \theta_{12} \sin \theta_{2}}\left(\cos \theta_{\chi}^{3}\right.} \quad
\end{gathered}
$$

## CYGNUS EVENTS





A. Caputo, A. Esposito, F. Piccinini, ADP, G. Rossi, PRD103 (2021) 5, 055017

## SOME MORE TECHNICAL CONCLUSIONS

- There are recent good experimental reasons to talk again about Superfluid He as a light DM target.
- The role of NR-EFT is vary promising. We have to recall that there exist a consolidated standard approach in condensed matter theory to do this sort of calculations - see original papers.
- The other excitations in superfluid Helium (rotons, vortices) have not been mentioned.

BACKUP

## BACK TO THE RELATIVISTIC FORMALISM

In the previous Lagrangian scale/adjust the $x_{i}$ coordinates to write

$$
\mathscr{L}=-\xi^{2}\left(\partial_{\mu} \theta \partial^{\mu} \theta\right)
$$

with the constraint $\theta(x)=\theta(x)+2 \pi$. This corresponds to

$$
\mathscr{L}=-\left(\partial_{\mu} \Phi^{\dagger}\right)\left(\partial^{\mu} \Phi\right) \quad \text { with } \quad \Phi^{\dagger} \Phi=\xi^{2} \text { or } \Phi=\xi e^{i \theta(x)}
$$

which in turn corresponds to the strong coupling $\lambda \rightarrow \infty$ of

$$
\mathscr{L}=-\left(\partial_{\mu} \Phi^{\dagger}\right)\left(\partial^{\mu} \Phi\right)-\lambda\left(\Phi^{\dagger} \Phi-\xi^{2}\right)^{2}
$$

climbing the wall of the bottle bottom is very inconvenient.

## CHEMICAL POTENTIAL

The implementation of a chemical potential goes through the introduction of a time-dependent phase in the $U(1)$ direction.

This is like searching for the ground state of $\boldsymbol{H}$ evolving in time along the $\cup(1)$ direction.

The time-dependent phase $\boldsymbol{\psi}(t)$ is propto $\boldsymbol{\mu}$ so $\psi(t)=\mu t$ - these are solutions of the equations of motion parametrized by $\boldsymbol{\mu}$.

A variation in $\boldsymbol{\mu}$ corresponds to exciting a configuration $\delta \boldsymbol{\mu} t=\boldsymbol{\pi}(\boldsymbol{x})$ of the Goldstone boson.

## ACOUSTIC SCINTILLATOR



The DM particle interacts in one point only, if it interacts at all.
The velocity $v_{\chi} \simeq 220 \mathrm{Km} / \mathrm{s}$ is much larger than $\boldsymbol{c}_{s}=248 \mathrm{~m} / \mathrm{s}$
(but waves do not build a Cerenkov cone (with $\left.\tan \theta=c_{s} / \nu_{\chi}\right)$ )

## EXPANSION OF $P(X)$ UP TO $\pi(x)^{3}$

$$
\mathscr{L}_{\mathrm{He}}=\frac{1}{2} \dot{\pi}^{2}-\frac{c_{s}^{2}}{2}(\nabla \pi)^{2}+\frac{g_{1}}{2} \dot{\pi}(\nabla \pi)^{2}+\frac{g_{2}}{3!} \dot{\pi}^{3}
$$

## The last two terms vanish for $q_{\mu} \rightarrow 0$

Indeed, in general, the sum of all graphs with three external, zero 4-momentum Goldstone boson lines, vanishes

$$
\begin{gathered}
\sum_{\ell, m, n} \underbrace{\frac{\partial^{3} V(\phi)}{\partial \phi_{\ell} \partial \phi_{m} \partial \phi_{n}}}_{\Sigma(1 \text { PI diag. W/ ext. lines } \ell, m, n)} \quad\left(t_{a} \bar{\phi}\right)_{\ell}\left(t_{b} \bar{\phi}\right)_{m}\left(t_{c} \bar{\phi}\right)_{n}=0 \\
t_{n m} \bar{\phi}_{m} \neq 0 \quad S B
\end{gathered}
$$

## EXPANSION OF $P(X)$ UP TO $\pi(x)^{3}$

$$
\mathscr{L}_{\mathrm{He}}=\frac{1}{2} \dot{\pi}^{2}-\frac{c_{s}^{2}}{2}(\nabla \pi)^{2}+\frac{g_{1}}{2} \dot{\pi}(\nabla \pi)^{2}+\frac{g_{2}}{3!} \dot{\pi}^{3}
$$

$$
\text { The last two terms vanish for } \boldsymbol{q}_{\mu} \rightarrow 0
$$

In general processes, to leading order in small Goldstone boson energies, low energy Goldstone bosons are not emitted from external low energy Goldstone boson lines.

## CHEMICAL POTENTIAL

The chemical potential $\boldsymbol{\mu}$ can be different from zero only if the total number of particles is conserved. At very low temperature $\left\langle N_{p}\right\rangle$ is sharply peaked at $\boldsymbol{p}$ such that $\boldsymbol{E}(\boldsymbol{p}) \simeq \boldsymbol{\mu}$.

$$
\left\langle N_{p}\right\rangle=\frac{1}{\exp [(E(\boldsymbol{p})-\mu) / K T]-1}
$$

In BEC one has a macroscopic number of particles with energy $\boldsymbol{\mu}$. Sort of BEC in liquid helium.

## STRONG COUPLING FROM NR LAGRANGIAN

Conversely if we start from the NR Lagrangian

$$
\begin{gathered}
\mathscr{L}=i \varphi^{\dagger} \frac{\partial}{\partial t} \varphi-\frac{1}{2 m} \nabla_{i} \varphi^{\dagger} \nabla_{i} \varphi-\frac{\lambda}{4 m^{2}}\left(\varphi^{\dagger} \varphi-\bar{\rho}\right)^{2} \\
\text { and take } \lambda \rightarrow \infty \text { and } \bar{\rho}=\text { const. we get } \\
\mathscr{L}=i \varphi^{\dagger} \frac{\partial}{\partial t} \varphi-\frac{1}{2 m} \nabla_{i} \varphi^{\dagger} \nabla_{i} \varphi \text { with } \varphi^{\dagger} \varphi=\bar{\rho} \text { i.e. } \varphi=\sqrt{\bar{\rho}} e^{i \theta} \\
\text { dropping the total derivative } \bar{\rho} \partial_{0} \theta \\
\mathscr{L}=-\frac{\bar{\rho}}{2 m}\left(\nabla_{i} \theta\right)^{2} \\
\text { with eq. of motion } \\
\Delta \theta=0
\end{gathered}
$$

The only way for it to be zero everywhere in the superfluid is $\theta=$ const.; not a Goldstone.

$$
\text { (recall } c_{s}=\sqrt{\frac{\lambda \bar{\rho}}{2 m^{3}}} \text { so the limit } \lambda \rightarrow \infty \text { does not work.) }
$$

