

BBN disintegration constraints from neutrino injections

PLANCK2025

29th May 2025

Based on [2505.01492](#)

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In collaboration with: P. F. Depta, J. Frerick, T. Hambye, M. Hufnagel, and K. Schmidt-Hoberg



PLANCK 2025



Introduction

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Their presence can, in general, have an impact on:

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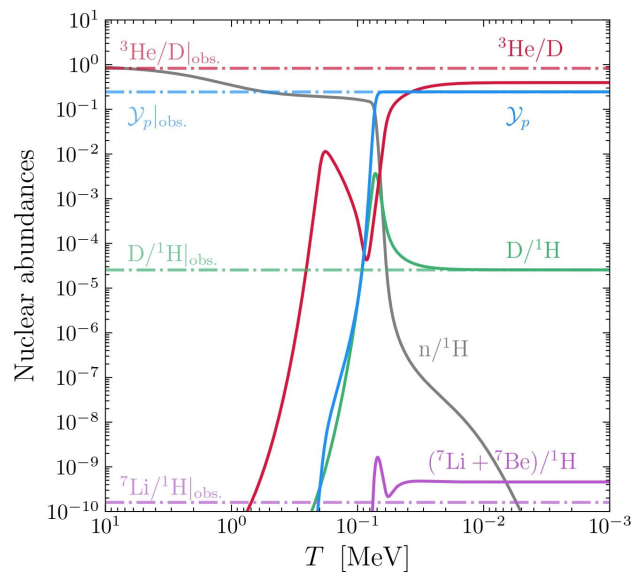
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What happens when we inject neutrinos?

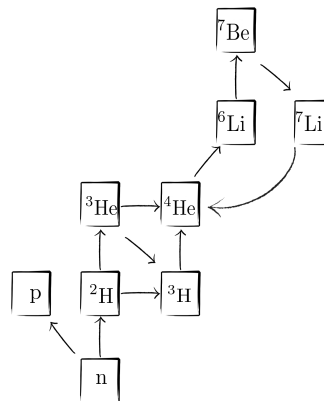
Introduction: Big Bang Nucleosynthesis

BBN describes the production of light elements in the early Universe.



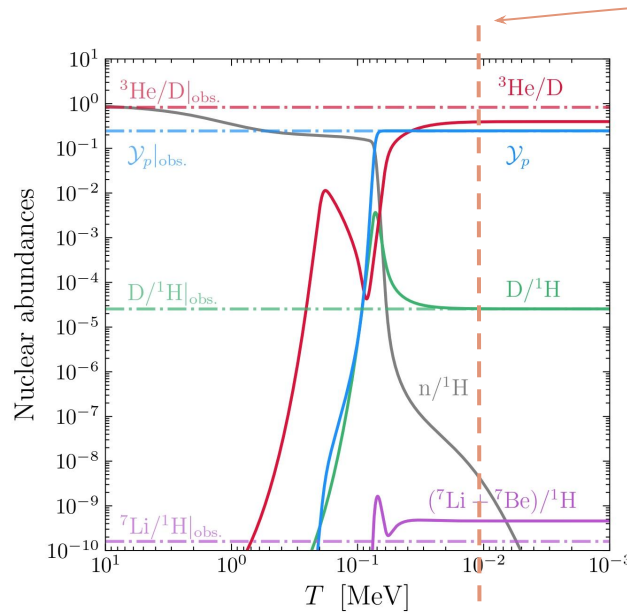
Credits to P. F. Depta

$$t \sim 1\text{s} - 10^4\text{s} \iff T \sim \text{MeV} - 10\text{keV}$$



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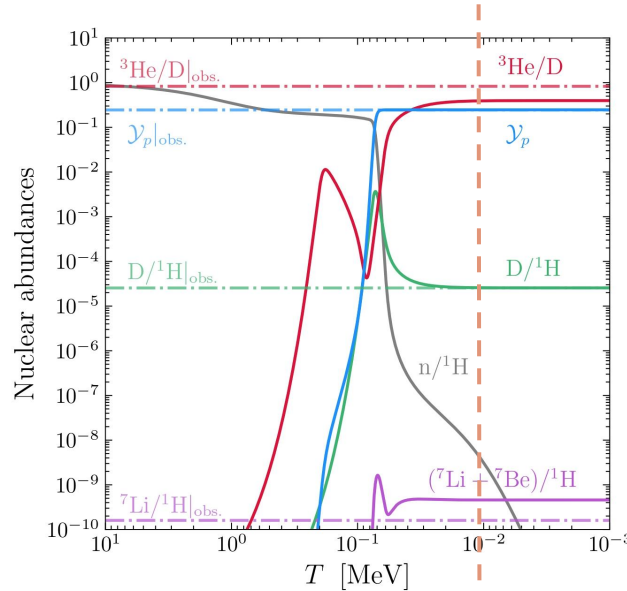


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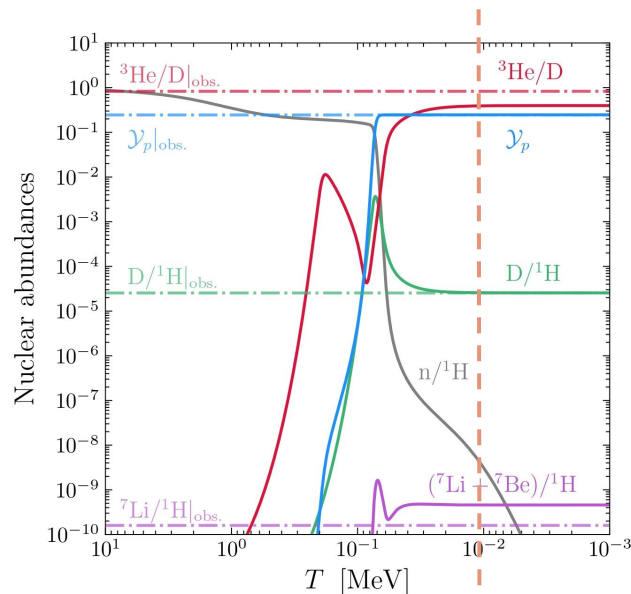
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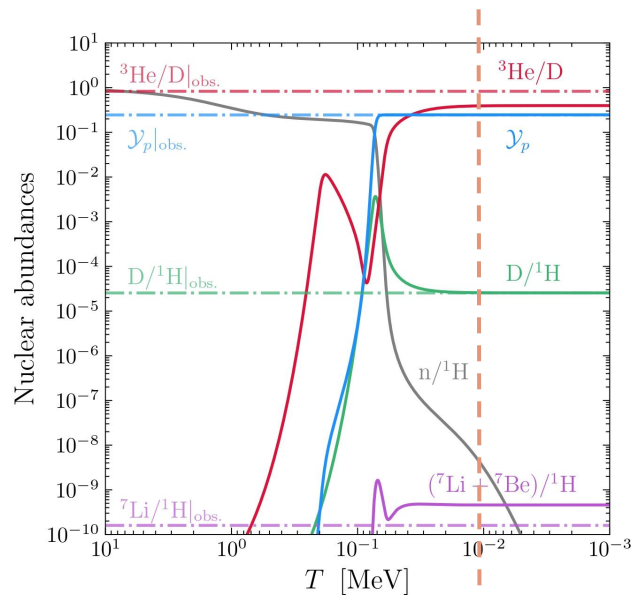
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- ★ **Baryon-to-photon ratio and N_{eff} :** change in the **neutrino temperature** or additional **dark radiation**.

$$N_{\text{eff}} = \frac{\rho_{\nu}^{\text{th}}(t_{\text{rec}}) + \rho_{\nu}^{\text{n-th}}(t_{\text{rec}})}{2 \frac{7}{8} \frac{\pi^2}{30} \left(\frac{4}{11}\right)^{4/3} T(t_{\text{rec}})^4} \equiv [3 + \Delta N_{\text{eff}}(t_{\text{rec}})] \left(\frac{11}{4}\right)^{4/3} \left(\frac{T_{\nu}(t_{\text{rec}})}{T(t_{\text{rec}})}\right)^4$$

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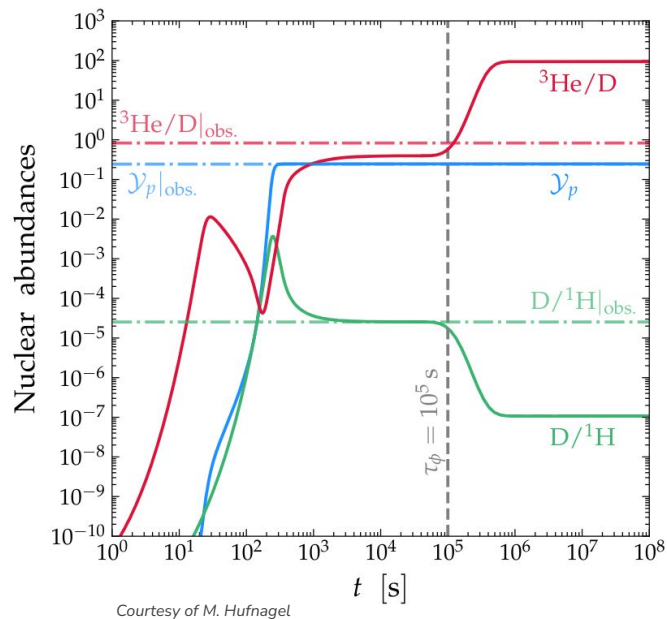
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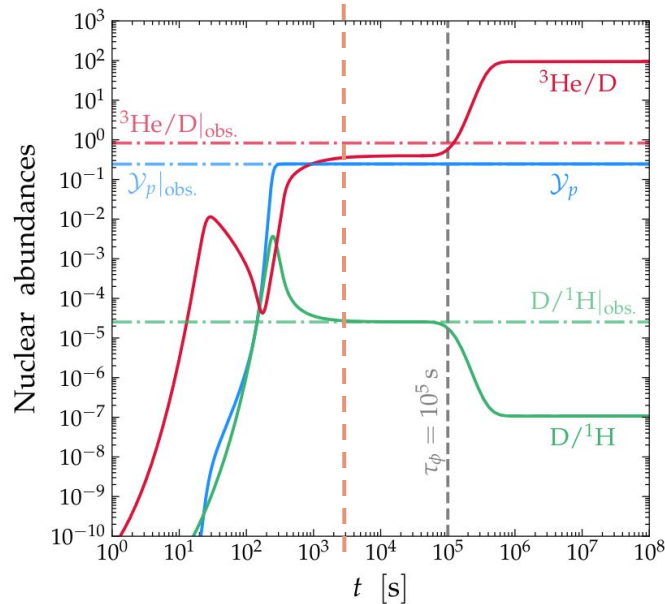
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- ★ **Photo- and Hadrodisintegration!**

Introduction: Photodisintegration



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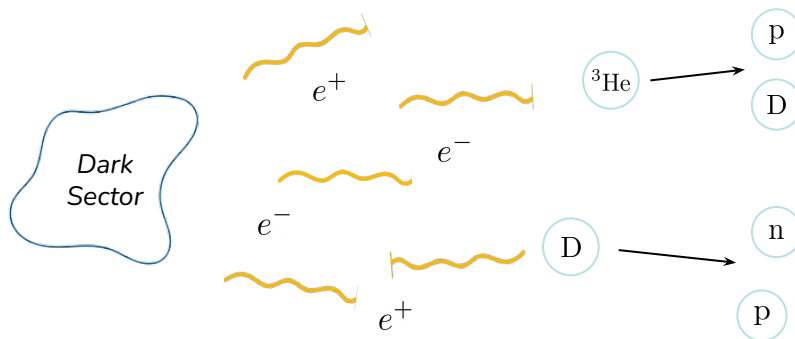


Courtesy of M. Hufnagel

Even after BBN abundances reach their asymptotic values, late EM injections can still alter the abundances!

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The *late-time* injection of *high-energetic* EM particles into the SM plasma induces an EM cascade that leads to non-thermal parts of the photon, electron, and positron spectra.



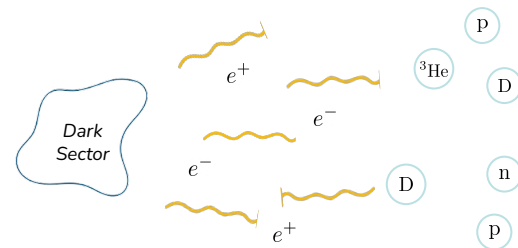
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High-energy photons with energies above the pair-production threshold:

$$E_{e^\pm}^{\text{th}} \simeq m_e^2 / (22T)$$

are efficiently depleted via **double-photon pair creation** ($\gamma\gamma_{\text{th}} \rightarrow e^+e^-$).



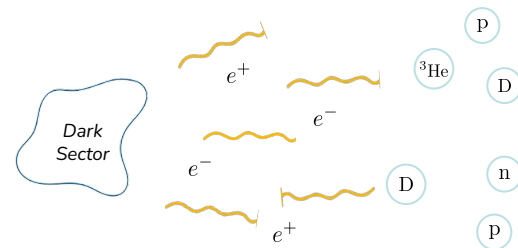
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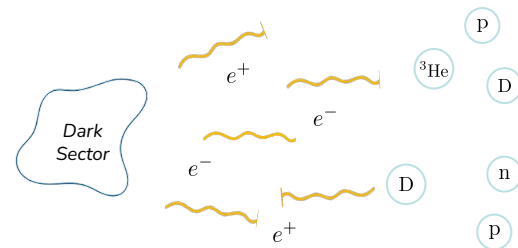
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At these T , BBN has already finished and we can simply factor out the two processes.

	T (keV)	E^{th} (MeV)
D	5.34	2.22
^3H	1.90	6.26
^3He	2.16	5.49
^4He	0.60	19.81
^6Li	3.21	3.70
^7Li	4.81	2.47
^7Be	7.48	1.59

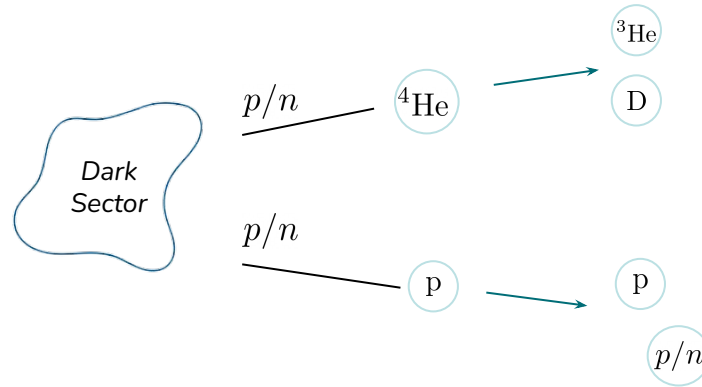


<https://github.com/hep-mh/acropolis/tree/main/acropolis>

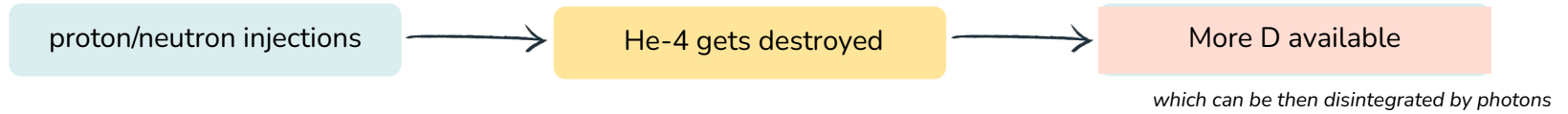
Publicly available code [2011.06518](#), P. F. Depta, M. Hufnagel, and K. Schmidt-Hoberg.

Introduction: Hadrodisintegration

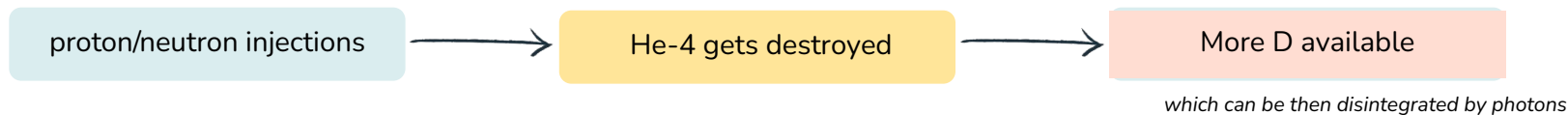
Similarly to photodisintegration, hadrodisintegration describes the late-time destruction of the light elements, this time driven by hadrons.



Introduction: Hadrodisintegration



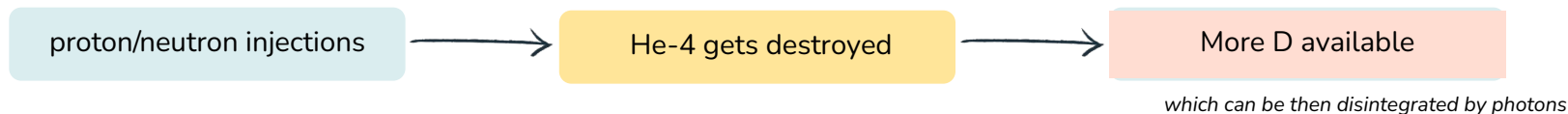
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Even if few hadrons are injected compared to EM material:

- 1) He-4 destruction cross-section via p/n is **~2 orders of magnitude** bigger than D destruction via a photon.
- 2) He-4 is **>3 orders of magnitude** more abundant than D.

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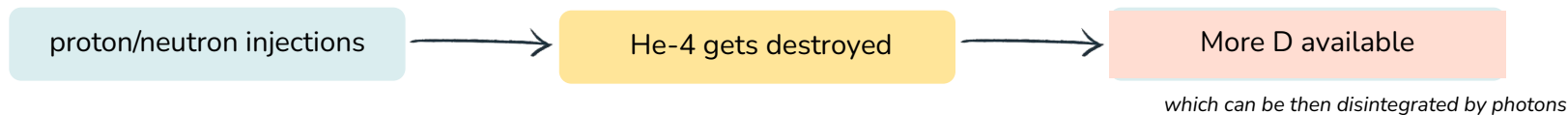
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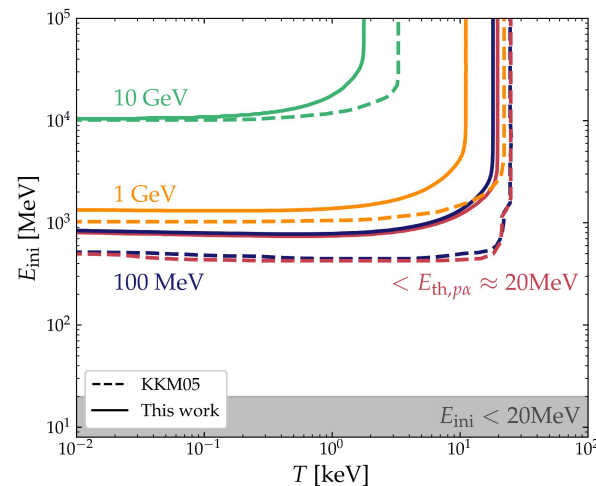
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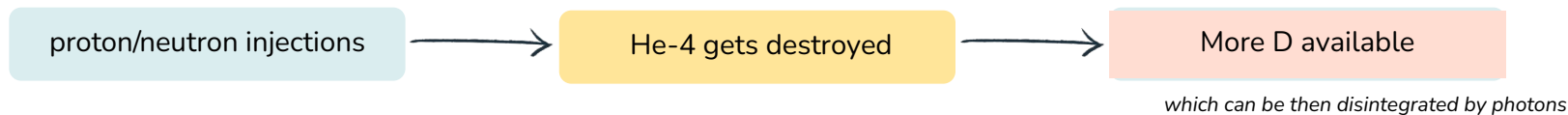
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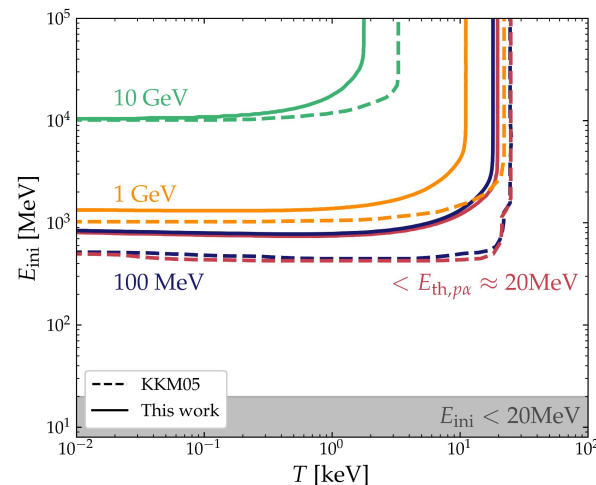
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A quick overview of the neutrino cascade

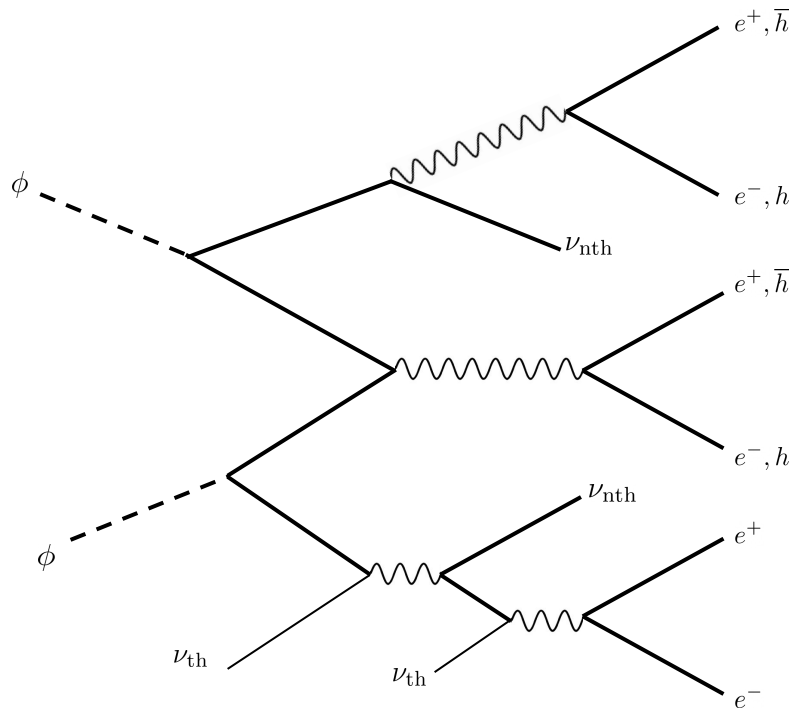
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We are interested in studying the effect of the **neutrino cascade** that follows these decays.

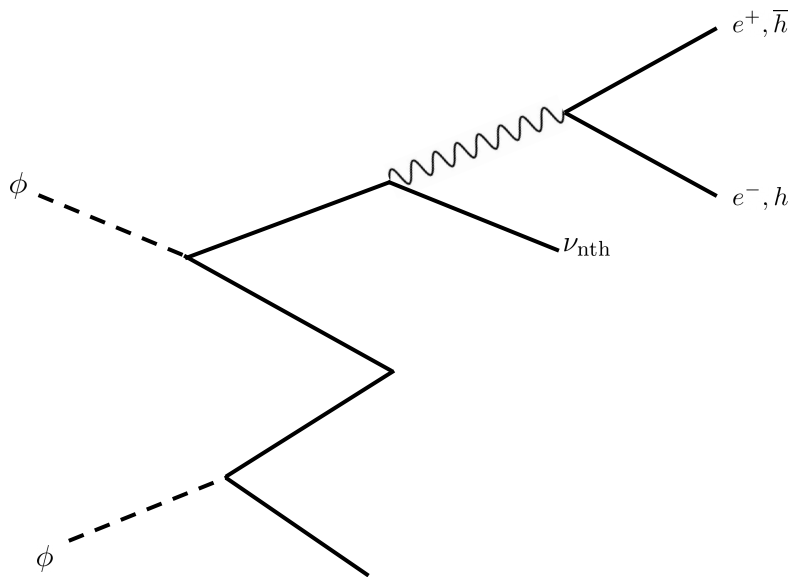
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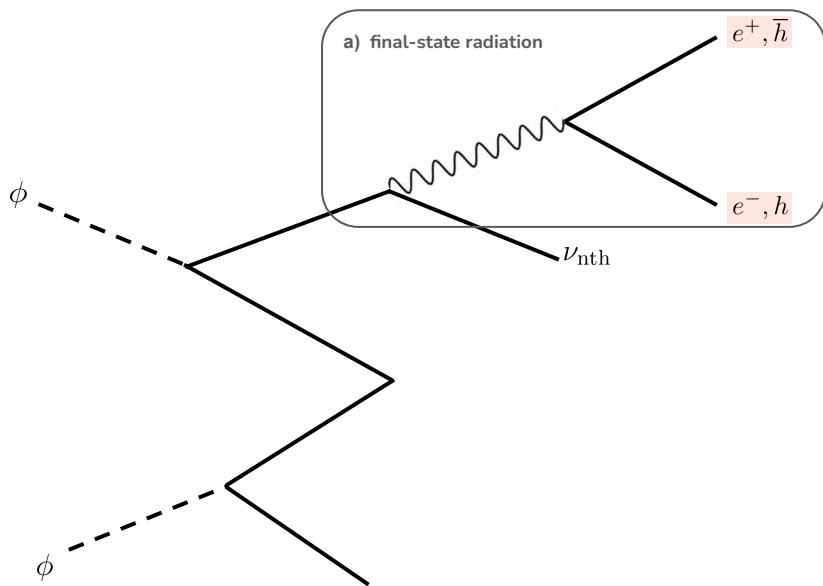
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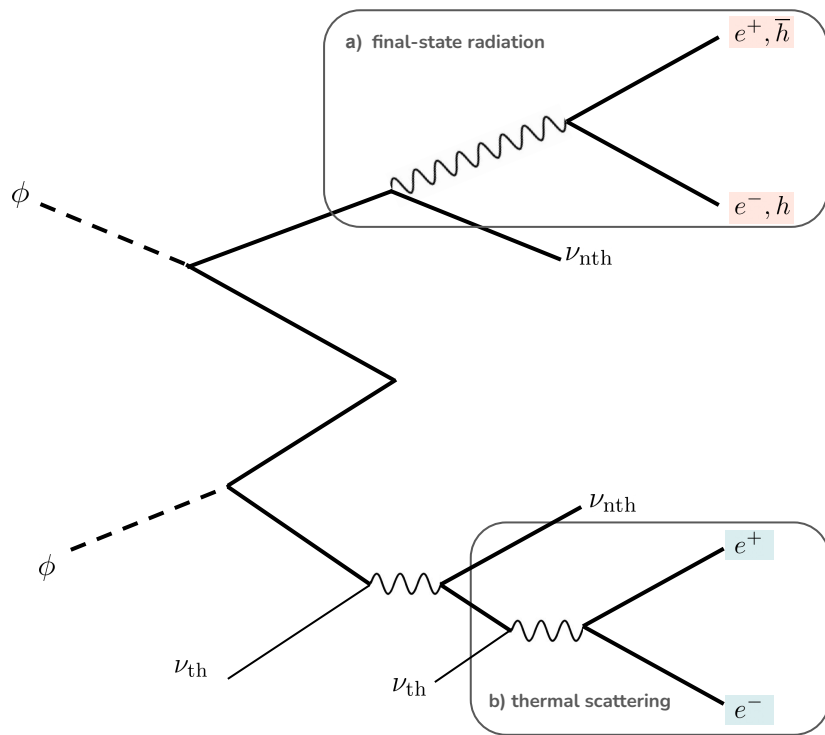


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Decay particle produce a neutrino emitting a W- or Z-boson

→ EW shower that leads to **EM** and **HD** injections

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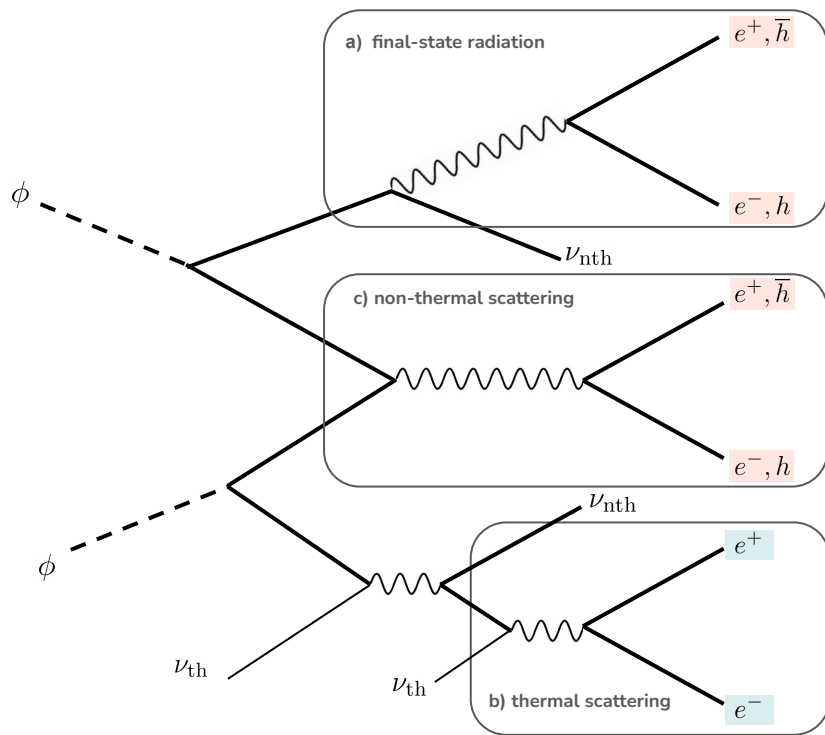
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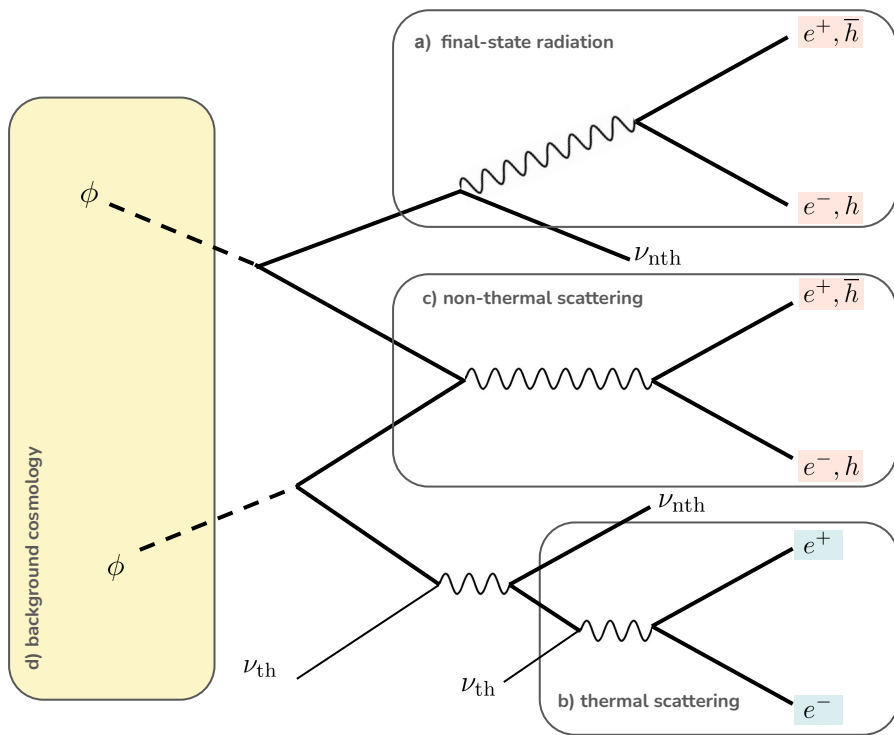
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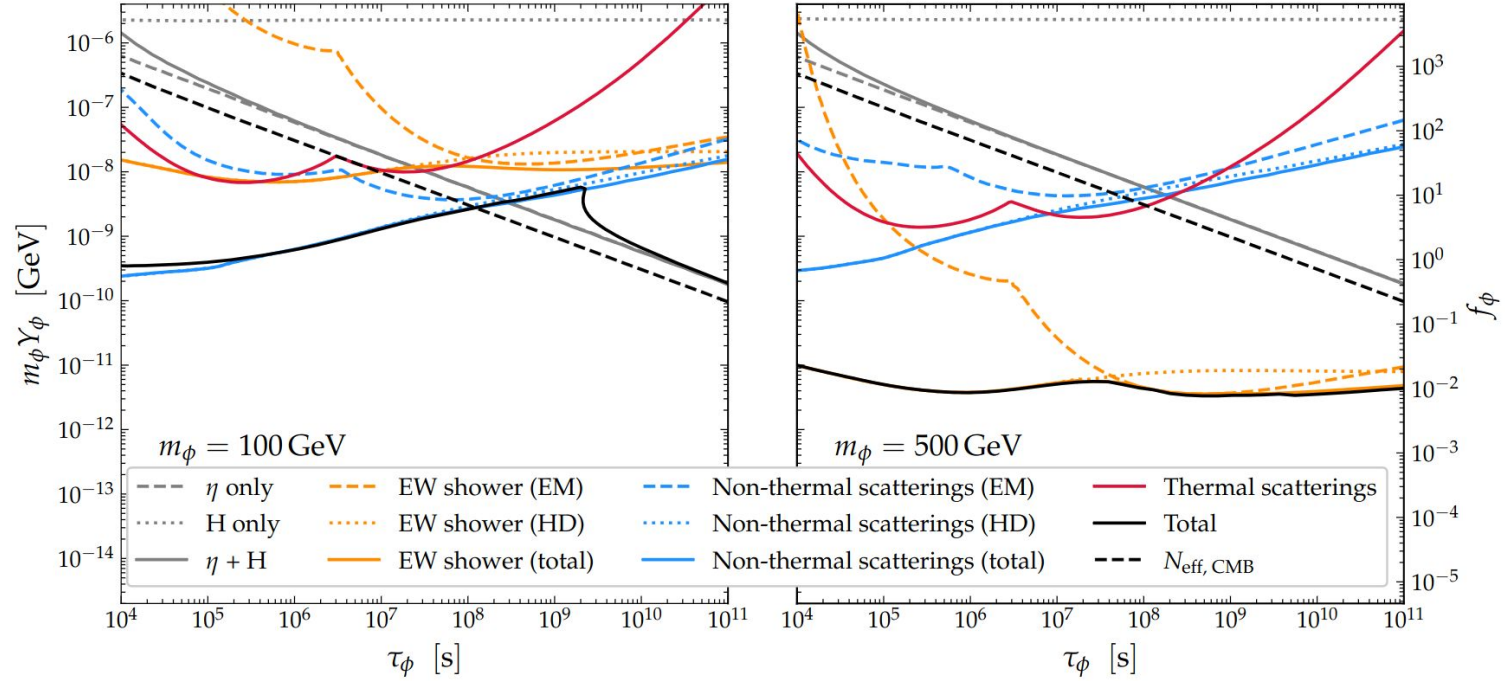
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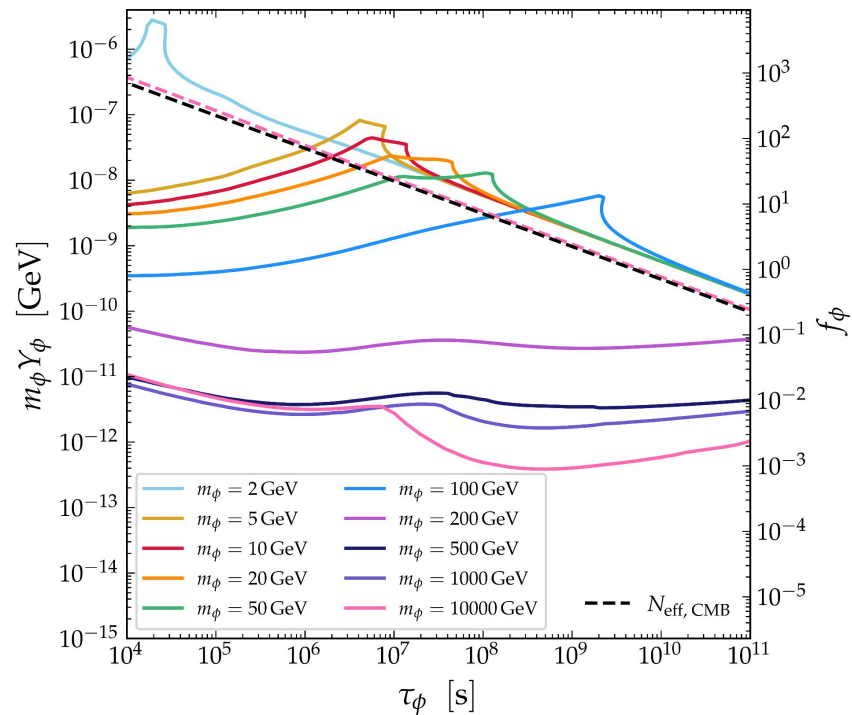
d) Background cosmology

The presence of an additional relic will modify the thermal history of the universe.

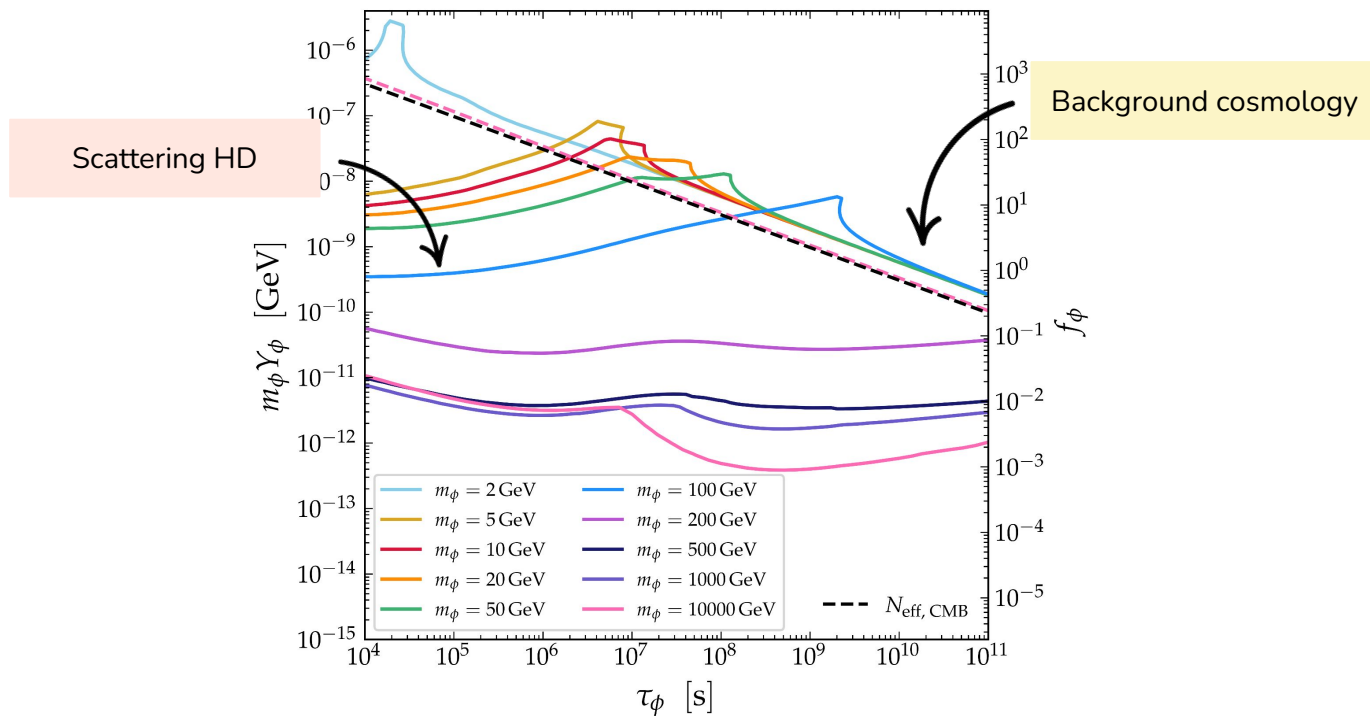
Results



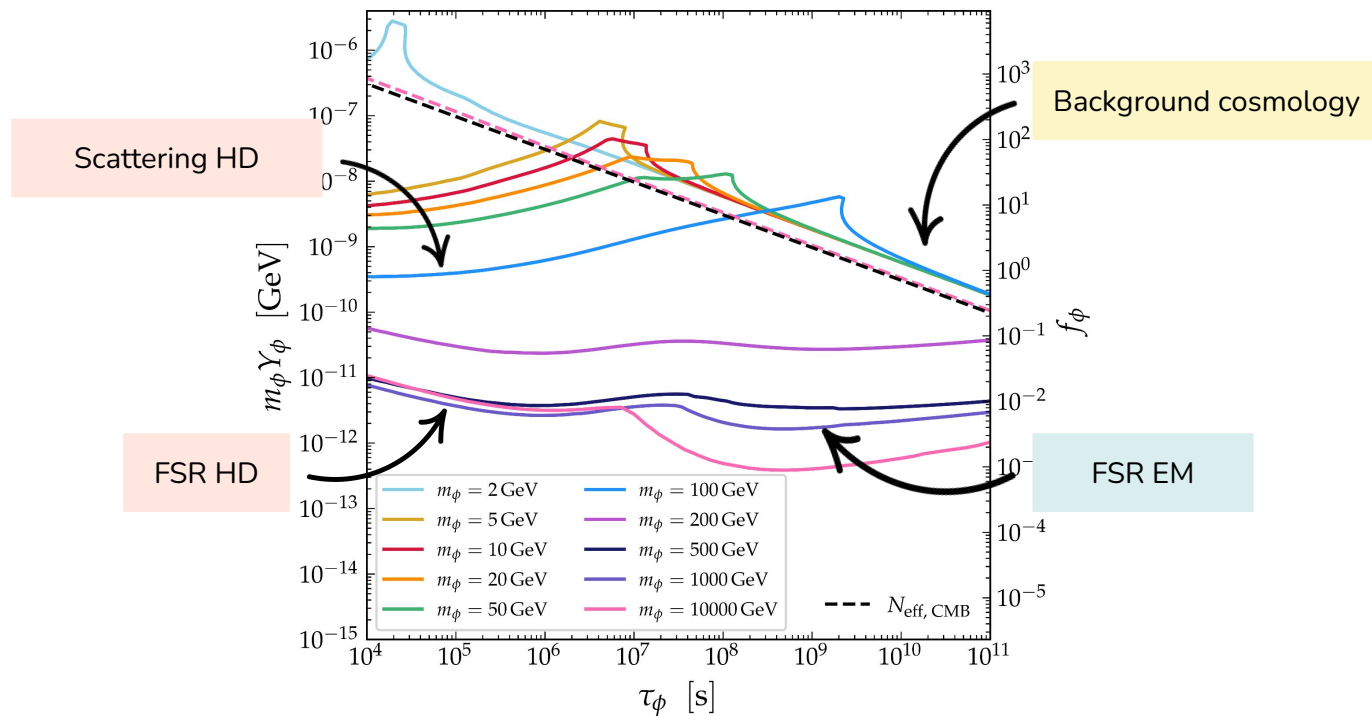
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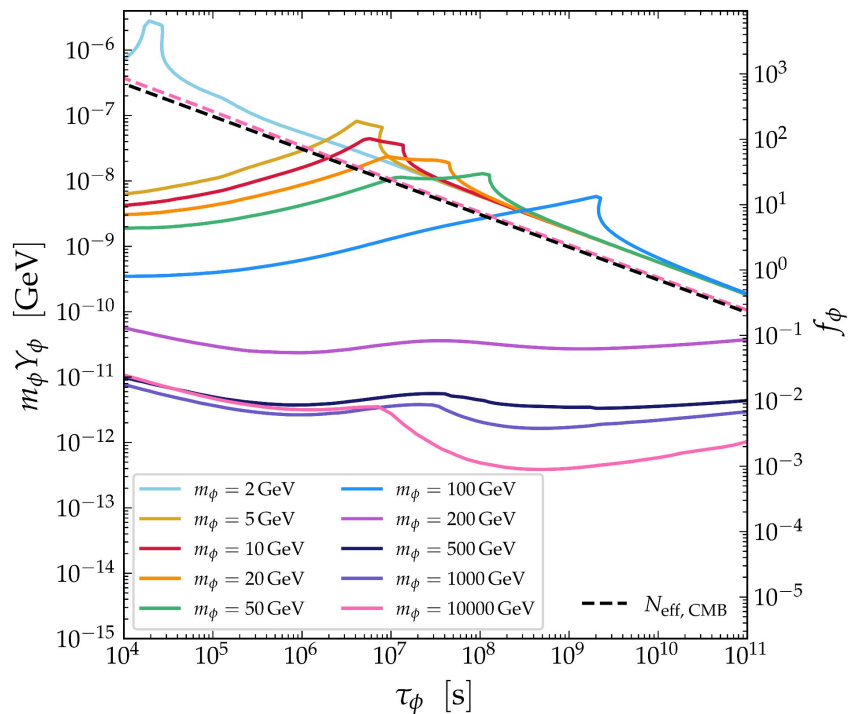
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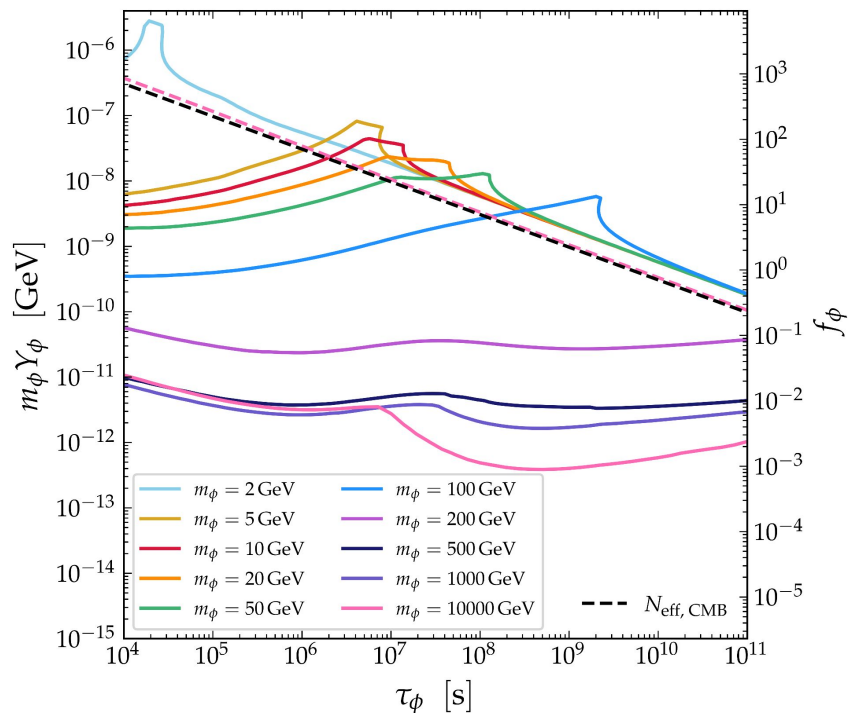


Conclusions



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- ★ For most of the masses considered, the bounds are stronger than the ΔN_{eff} constraints.
- ★ At **high masses**, the EW shower dominates the limits.
- ★ **Hadron injections** boost the bounds by several order of magnitudes.
- ★ @ **low lifetimes** some assumptions break down
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Thank you for the attention!

...and check [2505.01492](#)

Backup slides

Photodisintegration

The *late-time* injection of *high-energetic* EM particles into the SM plasma induces an EM cascade that leads to non-thermal parts of the photon, electron, and positron spectra.

- inverse Compton scattering $e^\pm \gamma_{\text{th}} \rightarrow e^\pm \gamma$
- double photon pair creation $\gamma \gamma_{\text{th}} \rightarrow e^+ e^-$
- Bethe-Heitler pair creation $\gamma N \rightarrow e^+ e^- N$, with $N \in \{^1H, ^4He\}$
- Compton scattering $\gamma e_{\text{th}}^- \rightarrow \gamma e^-$
- photon-photon scattering $\gamma \gamma_{\text{th}} \rightarrow \gamma \gamma$

	E^{th} [MeV]
$\text{D} + \gamma \rightarrow p + n$	2.22
$^3\text{H} + \gamma \rightarrow \text{D} + n$	6.26
$^3\text{H} + \gamma \rightarrow p + n + n$	8.48
$^3\text{He} + \gamma \rightarrow \text{D} + p$	5.49
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$^4\text{He} + \gamma \rightarrow ^3\text{H} + p$	19.81
$^4\text{He} + \gamma \rightarrow ^3\text{He} + n$	20.58
$^4\text{He} + \gamma \rightarrow \text{D} + \text{D}$	23.84
$^4\text{He} + \gamma \rightarrow \text{D} + n + p$	26.07
$^6\text{Li} + \gamma \rightarrow ^4\text{He} + n + p$	3.70
$^6\text{Li} + \gamma \rightarrow \text{X} + ^3\text{A}$	15.79
$^7\text{Li} + \gamma \rightarrow ^3\text{H} + ^4\text{He}$	2.47
$^7\text{Li} + \gamma \rightarrow n + ^6\text{Li}$	7.25
$^7\text{Li} + \gamma \rightarrow 2n + p + ^4\text{He}$	10.95
$^7\text{Be} + \gamma \rightarrow ^3\text{He} + ^4\text{He}$	1.59
$^7\text{Be} + \gamma \rightarrow p + ^6\text{Li}$	5.61
$^7\text{Be} + \gamma \rightarrow 2p + n + ^4\text{He}$	9.30

Hadrodisintegration

We consider the following hadrodisintegration processes:

Process	$i = n$	$i = p$	Reaction Type
(i, p_{BG} ; 1)	$n + p_{BG} \rightarrow n + p$	$p + p_{BG} \rightarrow p + p$	elastic
(i, p_{BG} ; 2)	$n + p_{BG} \rightarrow n + p + \pi$	$p + p_{BG} \rightarrow p + p + \pi$	inelastic
(i, p_{BG} ; 3)	$n + p_{BG} \rightarrow n + n + \pi$	$p + p_{BG} \rightarrow p + n + \pi$	inelastic
(i, p_{BG} ; 4)	$n + p_{BG} \rightarrow p + p + \pi$	$p + p_{BG} \rightarrow n + p + \pi$	inelastic
(i, p_{BG} ; 5)	$n + p_{BG} \rightarrow p + p + \pi$	$p + p_{BG} \rightarrow n + n + \pi$	inelastic

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(i, α ; 1)	$n + \alpha_{BG} \rightarrow n + \alpha$	$p + \alpha_{BG} \rightarrow p + \alpha$	elastic
(i, α ; 2)	$n + \alpha_{BG} \rightarrow D + T$	$p + \alpha_{BG} \rightarrow D + {}^3\text{He}$	inelastic
(i, α ; 3)	$n + \alpha_{BG} \rightarrow 2n + {}^3\text{He}$	$p + \alpha_{BG} \rightarrow p + n + {}^3\text{He}$	inelastic
(i, α ; 4)	$n + \alpha_{BG} \rightarrow p + n + T$	$p + \alpha_{BG} \rightarrow 2p + T$	inelastic
(i, α ; 5)	$n + \alpha_{BG} \rightarrow n + 2D$	$p + \alpha_{BG} \rightarrow p + 2D$	inelastic
(i, α ; 6)	$n + \alpha_{BG} \rightarrow p + 2n + D$	$p + \alpha_{BG} \rightarrow 2p + n + D$	inelastic
(i, α ; 7)	$n + \alpha_{BG} \rightarrow 2p + 3n$	$p + \alpha_{BG} \rightarrow 3p + 2n$	inelastic
(i, α ; 8)	$n + \alpha_{BG} \rightarrow n + \alpha + \pi$	$p + \alpha_{BG} \rightarrow p + \alpha + \pi$	inelastic

Hadrodisintegration

In order to account for the effect of the injected hadrons, we must consider energy loss processes.

$$\begin{array}{l}
 H_i + e^\pm \rightarrow H_i + e^\pm \\
 H_i + \gamma \rightarrow H'_i + \pi \\
 H_i + \gamma \rightarrow H_i + \gamma \\
 H_i + \gamma \rightarrow H_i + e^+ + e^-
 \end{array}
 \longrightarrow
 \frac{dE_{H_i}}{dt} = \left(\frac{dE_{H_i}}{dt} \right)_{\text{Coulomb}} + \left(\frac{dE_{H_i}}{dt} \right)_{\text{Compton}} + \left(\frac{dE_{H_i}}{dt} \right)_{\text{BH}} + \left(\frac{dE_{H_i}}{dt} \right)_{\text{photo-pion}}$$

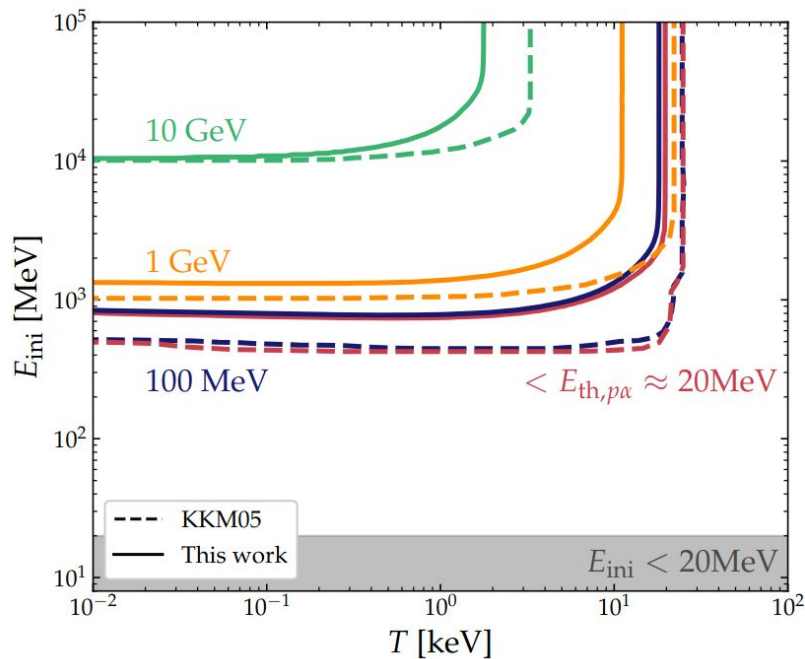
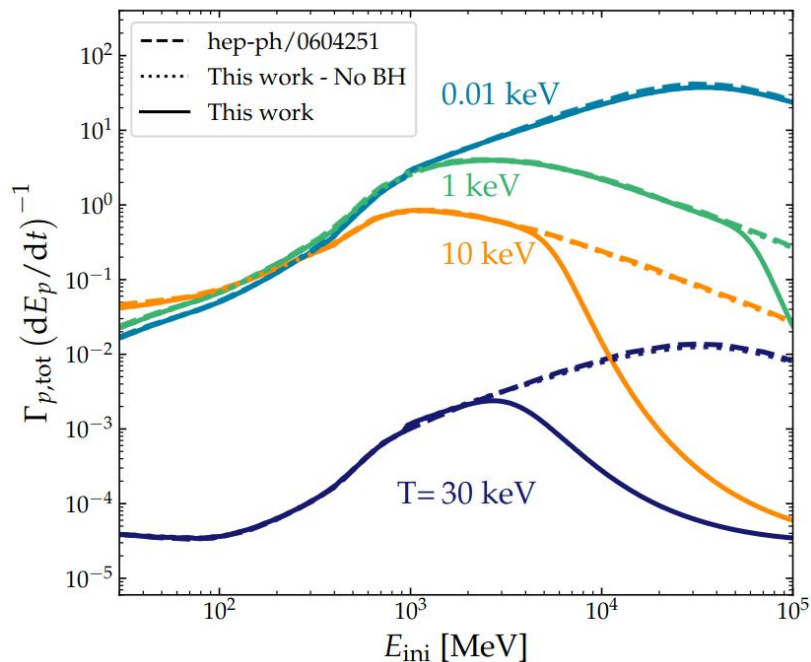
$$R_{H_i + A_j \rightarrow A_k} \left(E_{H_i}^{(\text{in})}, E'_{H_i}; T \right) \equiv \int_{E_{H_i}^{(\text{in})}}^{E'_{H_i}} \Gamma_{H_i + A_j \rightarrow A_k} \left(\frac{dE_{H_i}}{dt} \right)^{-1} dE_{H_i}$$

$\Gamma_{H_i + A_j \rightarrow A_k} = n_{A_j} \sigma_{H_i + A_j \rightarrow A_k} \beta_{H_i}$
 for unstable hadrons there is an additional contribution from the decay rate.

$$R^{H_i} \left(E_{H_i}^{(\text{in})}, E'_{H_i}; T \right) \equiv \sum_{j,k} R_{H_i + A_j \rightarrow A_k} \left(E_{H_i}^{(\text{in})}, E'_{H_i}; T \right) \longrightarrow R^{H_i} \left(E_{H_i}^{(\text{in})}, \tilde{E}_{H_i}^{(R=1)}; T \right) = 1$$

Hadrodisintegration

In order to account for the effect of the injected hadrons, we must consider energy loss processes.



Neutrino injections

★ Thermal scattering of the form $\nu\nu_{\text{th}} \rightarrow e^+e^-$

Note on thresholds and timescales. In order to inject electron-positron pairs:

$$E_{ee} \sim \frac{m_e^2}{T} \gtrsim 26 \text{ MeV} \left(\frac{10 \text{ keV}}{T} \right)$$

For heavier particles we need:

$$E_{\mu\mu/\pi\pi} \sim \frac{m_{\mu/\pi}^2}{T} \gtrsim (1.1/1.8) \text{ TeV} \left(\frac{10 \text{ keV}}{T} \right)$$

for such high E, limits are dominated by FSR!

It can happen that, depending on the energy of the injected neutrino, the scattering time is faster than the Hubble time:

$$t_H \sim \frac{1}{H(T)} \sim \frac{m_P}{T^2} \sim 1 \text{ s} \left(\frac{T}{\text{MeV}} \right)^{-2}$$
$$t_{\text{th}} \sim \frac{1}{G_F^2 T^4 E} \sim 10^{-3} \text{ s} \left(\frac{T}{\text{MeV}} \right)^{-4} \left(\frac{E}{10 \text{ GeV}} \right)^{-1}$$
$$\xrightarrow{t_{\text{th}} < t_H} E \gtrsim 100 \text{ GeV} \left(\frac{10 \text{ keV}}{T} \right)^2$$

Neutrino injections

★ Thermal scattering of the form $\nu\nu_{\text{th}} \rightarrow e^+e^-$

We can compute the interaction rate:

$$\Gamma_{ee}(T, E) = \frac{g_\nu}{16\pi^2 E^2} \int_0^\infty d\epsilon f_{\nu, \text{th}}(\epsilon) \int_0^{4E\epsilon} ds s \cdot \boxed{\sigma_{ee}(s)} \xrightarrow{s \ll m_Z^2} \sigma(s) = \Sigma(s) \frac{G_F^2 s}{6\pi}$$

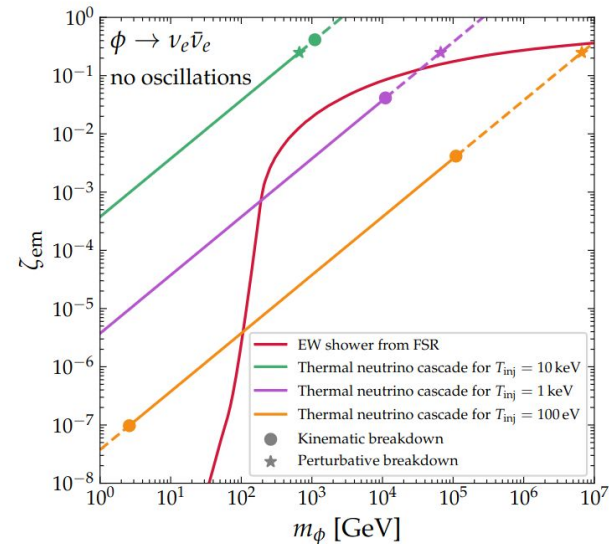
Assuming for simplicity $m_e = 0$, $\Sigma(s) = \text{const.} \equiv \Sigma_\infty$

$$\Gamma_{ee}(T, E) \stackrel{m_e=0}{\simeq} \frac{7\pi}{90} \Sigma_\infty G_F^2 E T_\nu^4$$

Let us now introduce the quantity:

$$d\zeta_{\text{em}} \simeq \frac{E(t)}{E_{\text{inj}}} \Gamma_{ee}(t) dt$$

as **fraction of EM energy** that is transferred into the plasma in a certain time dt .

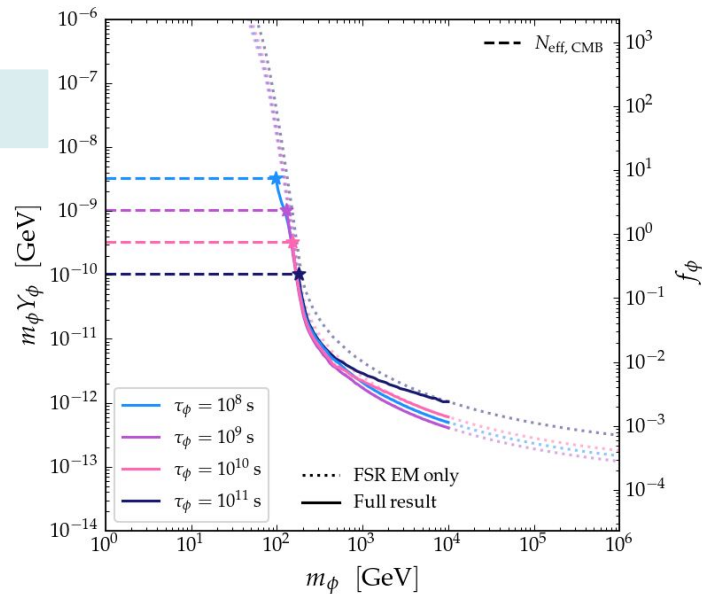
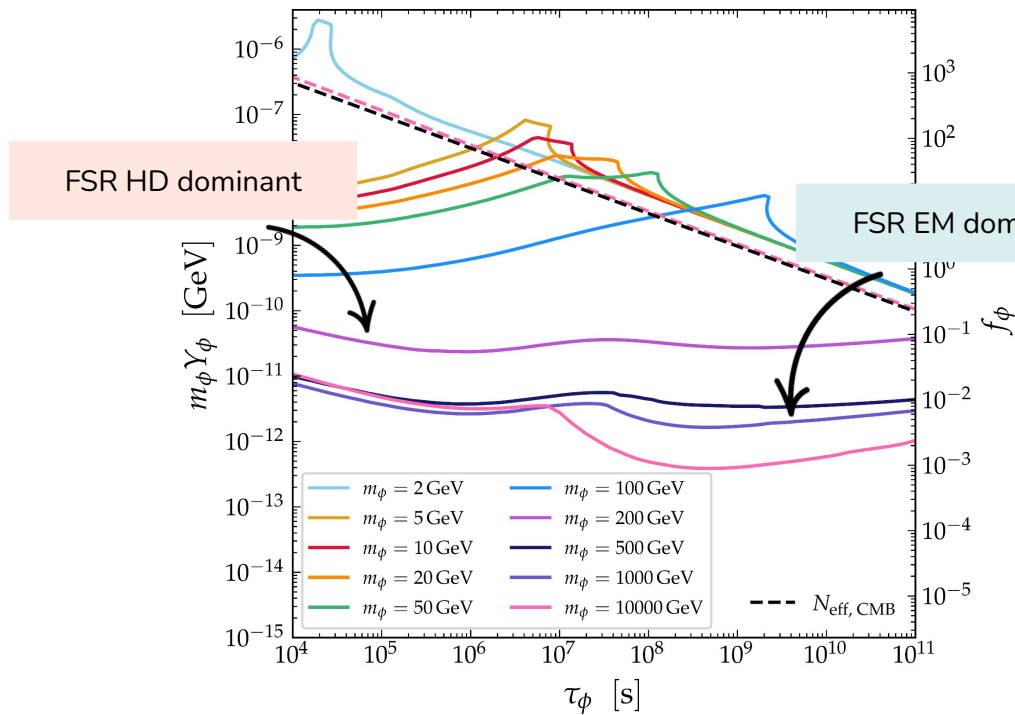


A note on model-building

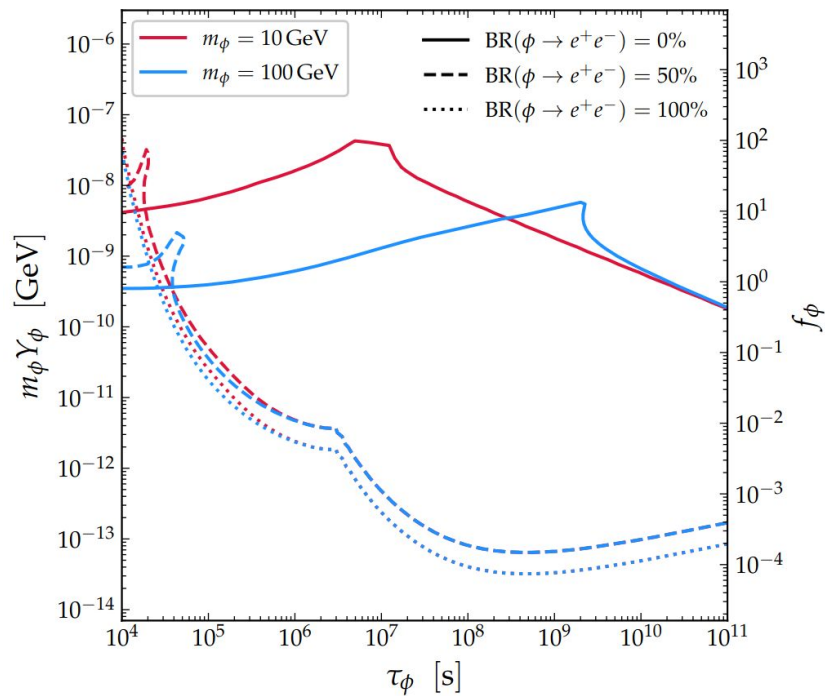
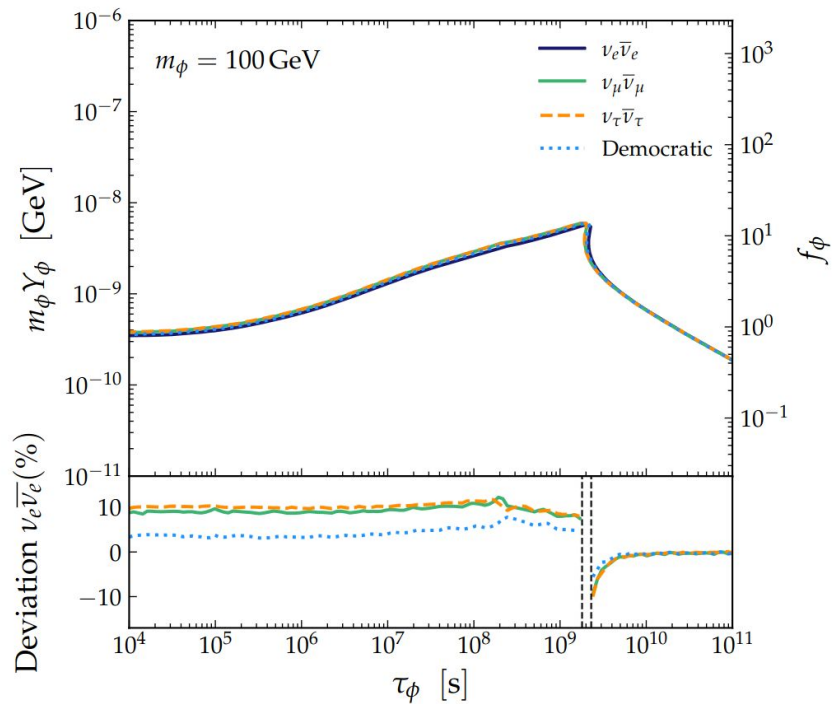
Possible realization of this scenario include:

- ★ **Majoron**, with loop-suppressed decay into electrons.
- ★ **Gauge boson coupled to two sterile neutrinos** + seesaw mixing
- ★ Neutral component of a **scalar triplet** of hypercharge 2
- ★ Decay into one neutrino and one DS state is potentially also relevant.

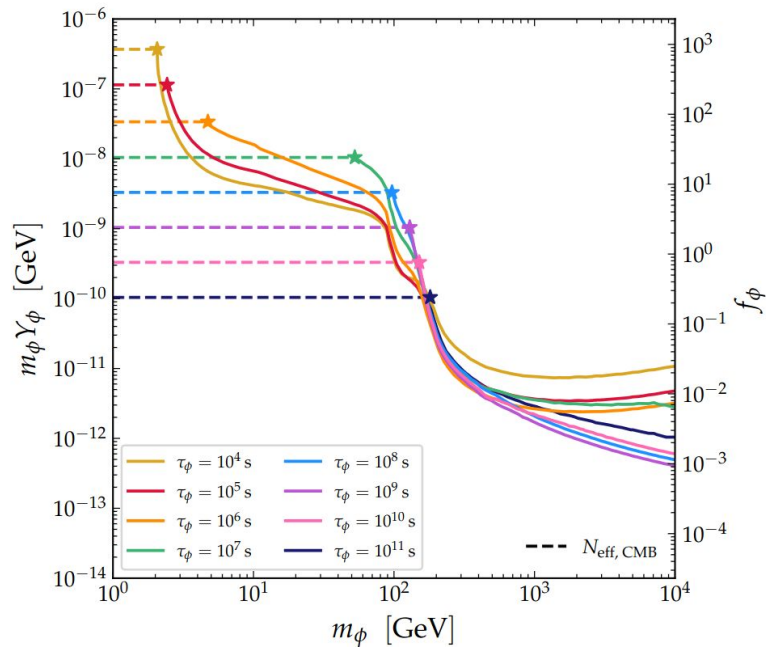
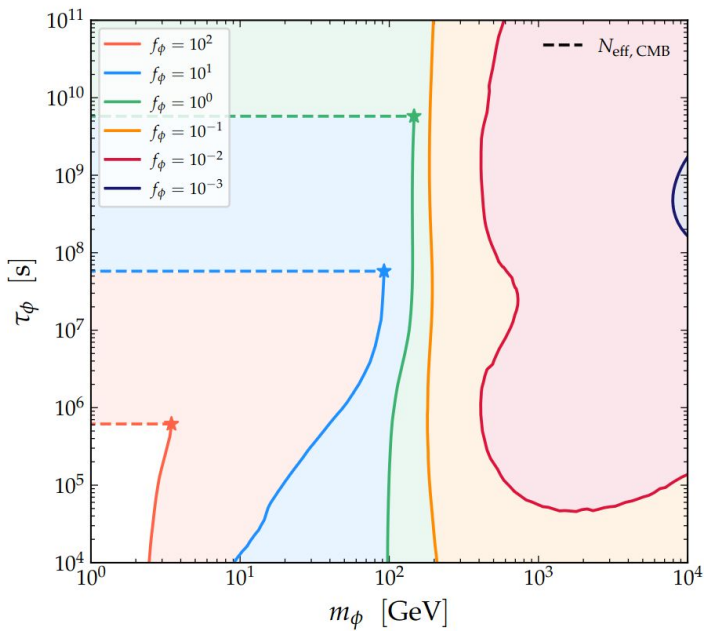
Results



Results



Results



Results

