

# Inverse bubbles from broken supersymmetry

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G. Barni, **SB**, M. Vanvlasselaer [2406.01596] JCAP & [2503.01951]

### First order phase transitions



Fig. from Higgsless simulations [2010.00971]



### First order phase transitions



### Are these two phase transitions qualitatively the same?

### The T = 0 potential matters!

### Hydrodynamics

 $T_f^{\mu\nu} = (e_f + p_f)u^{\mu}u^{\nu} - g^{\mu\nu}p_f \,,$ 

 $\nabla_{\mu}T^{\mu\nu} = \nabla$ 

### $T^{\mu\nu}_{\phi} = (\partial^{\mu}\phi)\partial^{\nu}\phi - g^{\mu\nu} \left| \frac{1}{2}(\partial\phi)^2 - V(\phi) \right| , \qquad \text{(scalar field component)}$ (plasma component)

$$_{\mu}\left(T_{\phi}^{\mu\nu}+T_{f}^{\mu\nu}\right)=0$$

### Hydrodynamics

$$T^{\mu\nu}_{\phi} = (\partial^{\mu}\phi)\partial^{\nu}\phi - g^{\mu\nu} \left[\frac{1}{2}(\partial\phi)^2 + T^{\mu\nu}_f \right]$$
$$T^{\mu\nu}_f = (e_f + p_f)u^{\mu}u^{\nu} - g^{\mu\nu}p_f,$$



### $-V(\phi)$ , (scalar field component) (plasma component)

$$_{\mu}\left(T_{\phi}^{\mu\nu}+T_{f}^{\mu\nu}\right)=0$$

- This approach does not fully capture the physics at the interface where entropy production takes place

- However, the wall interface fixes the thermodynamics on the two sides:



$$w_{+}\gamma_{+}^{2}v_{+} = w_{-}\gamma_{-}^{2}v_{-},$$
  
$$\gamma_{+}^{2}v_{+}^{2} + p_{+} = w_{-}\gamma_{-}^{2}v_{-}^{2} + p_{-}$$

 $v_+$ : fluid velocity ahead and behind the wall, in the wall frame

- However, the wall interface fixes the thermodynamics on the two sides:



$$\simeq \frac{(v_+ v_- / c_s^2 - 1) + 3\alpha_{\bar{\theta}}}{(v_+ v_- / c_s^2 - 1) + 3v_+ v_- \alpha_{\bar{\theta}}}$$

$$p/c_s^2$$
,  $\alpha_{\bar{\theta}} \equiv \frac{D\bar{\theta}}{3w_+}$ 

Giese, Konstandin, van de Vis [2004.06995] JCAP

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Standard PT:  $\alpha_+ > 0$ 



Left plot gives Espinosa, Konstandin, No, Servant [1004.4187] JCAP Simone Blasi - Planck 2025

### Fig. from G. Barni, **SB**, M. Vanvlasselaer [2406.01596] JCAP

Standard PT:  $\alpha_+ > 0$ 



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### Fluid equations

- Self similar profiles ( $\xi = r/t$ ):

$$\begin{aligned} (\xi - v)\frac{\partial_{\xi} e}{w} &= 2\frac{v}{\xi} + [1 - \gamma^2 v(\xi - v)]\partial_{\xi} v\\ (1 - v\xi)\frac{\partial_{\xi} p}{w} &= \gamma^2 (\xi - v)\partial_{\xi} v \,. \end{aligned}$$

- Relate *p*, *e* to the constant sound speed:

$$2\frac{v}{\xi} = \gamma^2 (1 - v\xi) \left[ \frac{\mu_{p \to w}^2}{c_s^2} - 1 \right] \partial_{\xi} v_{\xi}$$

- Symmetric for:

$$\xi \to -\xi \quad v \to -v$$



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See also Rezzolla & Zanotti, "Relativistic hydrodynamics" 2013



### **Direct bubble expansion**





Espinosa, Konstandin, No, Servant [1004.4187] JCAP

hybrid  $\xi_{W} > c_{S}$ 

detonation  $\xi_{W} > c_{S}$ 

### **Direct bubble expansion**

#### Deflagration



### Hybrid

#### Detonation





### Inverse bubble expansion

in the plasma frame



Anti-detonation

#### - Fluid is sucked in by the advancing bubble wall, or equiv. the bulk velocity is negative



### **Higgsless simulation**



#### Thanks to Isak Stomberg!

# **Energy budget (direct)**

- From energy conservation it follows that





initial thermal energy

Efficiency for converting vacuum energy into fluid motion: -

$$\frac{\rho_{\rm kin}}{\rho_{\rm tot}} \equiv \kappa_{\rm direct} \frac{\alpha_N}{1 + \alpha_N}$$

$$= \underbrace{\int \gamma^2 v^2 w \xi^2 d\xi}_{\text{fluid motion}} + \underbrace{\frac{3}{4} \int w \xi^2 d\xi}_{\text{final thermal energy}}$$

nnal thermal energy

$$\kappa_{\rm direct} = \frac{3}{\epsilon \xi_w^3} \int \gamma^2 v^2 w \xi^2 d\xi$$

# **Energy budget (inverse)**

- From energy conservation it follows that



Efficiency for converting enthalpy into fluid motion: -

$$\kappa_{\text{inverse}} \equiv \frac{\rho_{\text{kin}}}{\rho_{\text{tot}}} = \frac{4}{\bar{v}^3} \int \xi^2 d\xi \, v^2 \gamma^2 \frac{w}{w_N} \qquad \bar{v} = \text{Max}(\xi_w, c_s)$$

### **Comparison of efficiencies**

- Fraction of the critical energy density that goes into bulk fluid motion:





### **Possible realizations**

- Reheating (e.g. inflaton decay) Buen-Abad, Chang, Hook [2305.09712] PRD
- Heating by rarefaction waves Caprini, No [1111.1726] JCAP
- Heating after neutron star mergers J. Casalderrey-Solana, D. Mateos, M. Sanchez-Garitaonandia [2210.03171]
- Supercooling along flat directions (pseudomodulus)

Barni, **SB**, Vanvlasselaer [2503.01951]

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Hydrodynamics in G. Barni, **SB**, M. Vanvlasselaer [2406.01596] JCAP & Bea et al. [2406.14450]

- Chiral superfield X that controls SUSY and R-symmetry breaking:

$$X = \frac{x}{\sqrt{2}}e^{2i}$$

Pseudomodulus flat direction

- Superpotential of the vector-like O'Raifeartaigh model:

$$W = -FX + \lambda X$$

 $ia/f_a + \sqrt{2}\theta\tilde{G} + \theta^2 F$ 

 $X\Phi_1\tilde{\Phi}_2 + m(\Phi_1\tilde{\Phi}_1 + \Phi_2\tilde{\Phi}_2)$ 

Craig, Levi, Mariotti, Redigolo [2011.13949] JHEP

- Scalar potential:

$$\begin{split} V = |F - \lambda \phi_1 \tilde{\phi}_2|^2 + |\lambda X \tilde{\phi}_2 + m \tilde{\phi}_1|^2 + |\lambda X \phi_1 + m \phi_2|^2 + |m \phi_1|^2 + |m \tilde{\phi}_2|^2 \\ \swarrow \\ \\ \mathsf{Scalar \ component} \end{split}$$

- In the vacuum  $\phi_i = 0$  and  $\tilde{\phi}_i = 0$  with X undetermined (tree-level flat direction)

- Quantum corrections lift the X direction, and stabilize it to X = 0 at zero temperature

Craig, Levi, Mariotti, Redigolo [2011.13949] JHEP

- Spectrum of the theory:



Craig, Levi, Mariotti, Redigolo [2011.13949] JHEP

- Effective one-loop, finite-T potential for X:



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- Effective one-loop, finite-T potential for X:



**R-symmetry breaking first order PT** 

- Solve the matching conditions without approximations in terms of  $T_+$ :

$$v_{+}v_{-} = \frac{p_{+} - p_{-}}{e_{+} - e_{-}} , \qquad \frac{v_{+}}{v_{-}}$$

Hydrodynamics controlled by the sign of a generalized pseudo-trace:

$$\alpha_{\vartheta} \equiv \frac{4D\vartheta}{3w_{+}(T_{+})} \equiv \frac{4\left(De(T_{+}) - \frac{\delta e}{\delta p}(T_{+}, T_{-})Dp(T_{+})\right)}{3w_{+}(T_{+})}$$

• System controlled by the free energy  $\mathscr{F}(T) = -p(T)$  evaluated at 1-loop

$$= \frac{e_{-} + p_{+}}{e_{+} + p_{-}}, \qquad e = T \frac{dp}{dT} - p$$

- Fix particle physics parameters

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 $\mathcal{U}_{-}$ 







- Fix particle physics parameters
- As a function of  $T_+$  different  $(v_-, v_+)$ regions are populated

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 $\lambda = 1.67, \ m/\sqrt{F} = 2$ 



 $v_{-}$ 



### $T_+/\sqrt{F}$



- Fix particle physics parameters
- As a function of  $T_+$  different  $(v_-, v_+)$ regions are populated
- Evaluation of the nucleation rate selects the right temperature and right branch

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- Fix particle physics parameters
- As a function of  $T_+$  different  $(v_-, v_+)$ regions are populated
- Evaluation of the nucleation rate selects the right temperature and right branch
- Sign of  $\alpha_{0}$  controls the "inverseness"
- Given the wall velocity, hydro is fully specified

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 $\lambda = 1.67, \ m/\sqrt{F} = 2$ 









#### • Full (1-loop) fluid profiles with temperature-dependent speed of sound:





# Strength of inverse transitions

 Upper bound on the pseudotrace in terms of the change in the effective number of relativistic degrees of freedom in the two phases:

$$\alpha_{\vartheta} < 0 : \qquad \frac{3}{4} |\alpha_{\vartheta}| < \frac{\omega_{-}(T_{+}) - \omega_{+}(T_{+})}{\omega_{+}(T_{+})} = \frac{\Delta a_{\text{eff}}(T_{+})}{a_{\text{eff},+}(T_{+})}$$

$$\alpha_{\vartheta} > 0 : \qquad \alpha_{\vartheta} \sim \frac{\Delta \epsilon}{a_{\text{eff},+}T_{+}^{4}}$$

VS

(controlled by supercooling)

# Summary & Outlook

- bag EoS: new fluid solutions!
- emission (GW)
- Non SUSY realizations?
- Evaluation of the bubble wall velocity?
- Characterization of the GW signal?

• First hydrodynamical study of inverse phase transition (with negative latent heat) in the

• Fraction of initial energy converted into bulk fluid motion: key input for gravitational wave

• Explicit (SUSY) realization of this new hydrodynamics in standard cooling cosmology





# Summary & Outlook

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### Thank you!





### Backup



### Subsonic shocks?

Condition for the shock:  $v_+v_- = \frac{1}{3}$ 





 $v_+ = 0.75, v_- = 0.89$ 

- Enthalpy must increase
- Pressure must increase
- Flow is supersonic ahead of the shock and subsonic behind

 $\nu$ -model?



- Modification of the bag EoS that allows for (constant)  $c_s^2 \neq 1/3$
- $\alpha_{+} < 0$  but the hydro looks like in the direct case...
- One should in fact look at the pseudo trace:

$$\alpha_{\bar{\theta}} = \frac{1}{12} \left( 4 - \nu + \frac{3\epsilon\nu}{a_+T_+^4} \right)$$

Giese, Konstandin, van de Vis [2004.06995] JCAP

#### **Riding the rarefaction wave** Caprini, No [1111.1726] JCAP



### Reheating

- Particles loose mass when crossing the wall: "anti friction"





Buen-Abad, Chang, Hook [2305.09712] PRD

#### - **hPT** typically runaway (?) GWs from bubble collisions, while **cPT** terminal velocity

