

Light dark matter bound states: News on axion stars



<u>Marco Gorghetto</u>

- MG, E.Hardy, G.Villadoro [2405.19389]
- (D.Budker, J.Eby, MG, M.Jiang, G.Perez [2306.12477])



QCD axion:

$$\mathcal{L} = \mathcal{L}_{SM} + \frac{1}{2} (\partial a)^2 + \frac{a}{f_a} \frac{\alpha_s}{8\pi} G \tilde{G} + \dots$$

• Dynamically explains no neutron EdM

$$\Rightarrow \qquad m = \frac{\chi_{\rm top}^{1/2}}{f_a} \simeq 0.57 \,{\rm meV}\left(\frac{10^{10} \,\,{\rm GeV}}{f_a}\right)$$



[picture from A. Hook]



• Contributes to all/part of the dark matter



Pre-inflationary



$$\theta \equiv \frac{a}{f_a} \in [-\pi, \pi] \qquad \Omega_a \simeq \theta_0^2 \left(\frac{f_a}{10^{12} \,\text{GeV}}\right)^{1.2} \Omega_{\text{DM}}$$
(misalignment)





 $T \gtrsim f_a$

 $T \lesssim f_a$

 $@ T \simeq f_a \text{ (or } H \simeq f_a)$

Kibble mechanism \implies Axion strings

string core $m_r^{-1} \sim f_a^{-1}$ $\pi/2$ 0 $-\pi/2$ $d \sim H^{-1}$ Nonlinear dynamics: (• Analytical approach Large ratio of scales: \bigcirc • Numerical approach $\mu = \frac{E}{L} \sim \pi f_a^2 \log \frac{d}{m_r^{-1}} \sim \pi f_a^2 \log \frac{m_r}{H}$ string tension core grows logarithmically in time axion gradient T^2/M_p

The Scaling Regime



rate of energy loss:

 $\Gamma \simeq \frac{\xi \mu}{t^3}$

number of strings per Hubble patch





Domain Walls





The Scaling Regime





$$H^{-1} \quad \left\{ \prod_{\xi = 1}^{\ell} \quad \prod_{\xi = 2}^{\ell} \quad \xi < 1 \right\}$$

$$\xi \to \frac{\log(m_r/H)}{4 \div 5}$$

$$\left(\stackrel{\log o ag{70}}{\longrightarrow} 15(2)
ight)$$

1	the attractor	fat
	ter Berreiter ferte verte verte bereten erte at etter einer at Berrinnen	

scaling violations





 $\sim 10^3$

≪ 1

The Spectral Index





Running of
$$q \longrightarrow$$
 $q > 1$

$$\int_{a}^{a^{\gamma}} q^{\alpha} f_{a}^{\gamma} f_{a$$

Comparisons











Formation of structures



Gravitational collapse vs quantum Jeans scale



quantum Jeans length $\lambda_J = 2\pi/k_J \equiv$

smallest scale an overdensity can have before wave effects (quantum pressure) have to be considered

The standard lore after DW decay



Naive because k_p increases due to the self-interactions and becomes of order k_J

The remarkable coincidence



Axion stars:





$$\begin{cases} \dot{\psi} + \frac{\nabla^2}{2m}\psi + m\Phi\psi = 0 \\ \nabla^2\Phi = 4\pi G|\psi|^2 \end{cases} \rightarrow \begin{cases} \nabla^2\sqrt{\rho} = 2m^2\Phi\sqrt{\rho} \\ \nabla^2\Phi = 4\pi G\rho \end{cases} \qquad \rho = |\psi|^2$$







 $0.5 < \frac{a}{a_{\rm eq}} < 7$



Axion stars (after MRE):





e.g. for
$$\begin{cases} M_s = 10^{-19} M_{\odot} \\ f_a = 10^{10} \text{ GeV} \\ f_s = 0.1 \end{cases} \longrightarrow \begin{cases} n_s^{-1/3} = 1.4 \cdot 10^8 \text{ km} \\ \tau_{\oplus} = 5 \text{ yrs} \\ \Delta t \simeq 8 \text{ hrs} \end{cases}$$







Conclusions

• Post-inflationary abundance **uncertain**, despite progress

 $f_a \lesssim 10^{10} \,\text{GeV}$ or $m_a \gtrsim 0.5 \,\text{meV}$ from dark matter over-production

• Axion star formation enhanced at MRE

 \blacktriangleright Potential for new observational opportunities

Thanks!

Backup

Advert: Solar halos of ultra-light dark matter

• DM is
$$\phi$$
 with $V(\phi) = \frac{1}{2}m^2\phi^2 + \frac{1}{4}\frac{m^2}{f_a^2}\phi^4 + \dots$







Capture dominates over stripping when:

$$v_{\rm dm} \simeq 10^{-3} \lesssim 2\pi \, \alpha$$

i.e. if
$$m \gtrsim 1.5 \cdot 10^{-14} \,\mathrm{eV}$$

$$\dot{N}_{\text{bound}} \sim \Gamma(m, f_a) \cdot N_{\text{bound}} \rightarrow N_{\text{bound}} \propto e^{\Gamma t}$$

density profile after 5 Gyr



• bands have $v_{\rm dm} = 50 \div 240 \,\rm km/s$

• f_a (or λ) fixed in $10^7 \div 10^8 \,\mathrm{GeV}$

Axion searches

 $\mathcal{L} \supset -\frac{\mathbf{I}}{4} g_{a\gamma\gamma} a F_{\mu\nu} \tilde{F}^{\mu\nu}$



https://cajohare.github.io/AxionLimits

Axion searches

 $\mathcal{L} \supset -\frac{\mathbf{I}}{4} g_{a\gamma\gamma} a F_{\mu\nu} \tilde{F}^{\mu\nu}$



https://cajohare.github.io/AxionLimits

Axion dark matter

- a few lattice points per string core
- a few Hubble patches





2π $10^{-11} \leq m_a/\text{eV} \leq 1.5 \cdot 10^{-3}$

 $T \gg \Lambda_{\rm OCD}$

 $T \ll \Lambda_{\rm QCD}$

π

 θ_0

scale factor
Energy density:
$$\rho_a(t) \propto R(t)^{-3}$$

 $a(t) \simeq \frac{1}{R(t)^{\frac{3}{2}}} \cos m_a t$

 $p_a(v) \propto Ic(v)$








Effect of non-linearities (I)

If
$$q \ge 1$$
: $\rho_a(t_\star) \gg \rho^{\text{mis}} \sim m_\star^2 f_a^2 = \chi_{\text{top}}(T_\star)$



After DW decay: the standard lore



 \implies the field redshifts like CDM until MRE

@ MRE, fluctuations $\delta \rho / \rho \sim 1$ gravitationally collapse in objects of size $\sim 1/k_p$



$$\left(i\partial_t + \frac{\nabla^2}{2m} - m\Phi + \frac{\lambda|\psi|^2}{8a^3m_0m^2}\right)\psi = 0$$







grows

perturbation









perturbation

Axion stars properties:



$$\bar{R}_{0.1} \approx 2.1 \cdot 10^6 \text{ km } \left(\frac{10^{10} \text{ GeV}}{f_a}\right)^{\frac{1}{2}} \qquad v_a \approx \text{mm/s}$$

Relativistic Regime and Nonlinear Transient



 H_{\star}/H

 H_{\star}/H

















The collapsed objects should be captured by a stationary solution of the Schroedinger–Poisson eq. (for a = 1)

Halos

 $\Phi_Q = 0$

 \rightarrow gravitational potential balanced by the velocity terms



angular momentum 'supports' the gravitational potential

Solitons

$$\Phi_Q = -\Phi \quad \longleftrightarrow \quad \vec{v}_i = 0$$

 \rightarrow gravitational potential balanced by the quantum pressure



quantum pressure 'supports' the gravitational potential

Late time dynamics



- tidal shocks by the galactic disk
- tidal shocks during formation of halos/merging?





Disruption probability related to the average density of the objects within R

$$\bar{\rho}(R) = \frac{1}{4\pi R^3/3} \int_0^R d^3 r \rho(r)$$



 \rightarrow if the mean density of an object $> 0.05 \text{eV}^4 \simeq 10^5 \rho_{\text{loc}} = O(10)\bar{\rho}_{\text{gal}}$, the parts with r < R survive

• solitons: $\rho_s = (0.1 \div 100) \text{eV}^4$, and $\bar{\rho}(R_{\text{edge}}) \simeq 0.2 \rho_s$

 \rightarrow most of the solitons and the fuzzy halo around them survive undirsupted

• compact halos: those with mass $(10^2 \div 10^4) M_J^{\text{eq}}$ have average density $(10^{-6} \div 10^{-3} \text{eV}^4)$

 \rightarrow likely to be dir
supted except at their core

T-independent mass :

$$\frac{k_p}{k_J}\Big|_{\rm MRE} = \frac{k_{p\star}a_\star/a_{\rm MRE}}{(16\pi G\rho_{\rm MRE}m^2)^{1/4}} \simeq \frac{k_{p\star}}{H_\star}$$

$$\rho_{\rm MRE}^{\rm (SM)} \simeq \rho_\star^{\rm (SM)} (a_\star/a_{\rm MRE})^4$$

$$3H_\star^2/(8\pi G)$$

QCD axion case :

$$\frac{k_p}{k_J}\Big|_{\rm MRE} = \frac{k_{p\star}a_{\star}/a_{\rm MRE}}{(16\pi G\rho_{\rm MRE}m^2)^{1/4}} \simeq \frac{k_{p\star}}{H_{\star}} \left(\frac{m_{\star}}{m}\right)^{1/2} \simeq \left(\frac{f_a}{M_p}\right)^{1/3} \frac{k_{p\star}}{H_{\star}} \sim 10^{-3} \frac{k_{p\star}}{H_{\star}}$$

$$n_{\star}/m \simeq (T_c/T_{\star})^4 \sim (f_a/M_p)^{2/3}$$

Attractor and Energy Emission



Scaling Violation
$$\xi = c_1 \log + c_0 + \frac{c_{-1}}{\log} + \frac{c_{-2}}{\log^2} \longrightarrow \Gamma_a = \frac{\xi \mu}{t^3} \propto \frac{f_a^2 \log^2}{t^3}$$



 $\mu(\Delta') = \mu(\Delta) + (g^2/2\pi)\log(\Delta'/\Delta) = \mu(\Delta) + \pi f_a^2\log(\Delta'/\Delta)$

[Lund & Regge, 1976] also [Horn, Nicolis, Penco] in the context of superfluids

Axion Strings







(IR) logarithmically divergent energy!

string tension

$$\frac{E}{L} \equiv \mu = \int_0^\infty dr \, r \int_0^{2\pi} d\theta \left[|\nabla \phi|^2 + V(\phi) \right]$$
$$= \pi f_a^2 \log(r_{\max} m_r)$$

core axion gradient









Axion Cosmology

Pre-inflationary:

 $f_a \gtrsim \max(H_I, T_R)$



Axion Domain Walls

@ $H \sim m_a (T \sim \Lambda_{\text{QCD}})$



2) The Axion Spectrum

$$rac{\partial
ho_a}{\partial k \partial t} \equiv rac{\mathrm{energy \, spectrum \, of}}{\mathrm{axions \, emitted}}$$

Theoretical expectation

- natural cut-offs at H and m_r
- peak at H because strings have curvature of O(H)
- in between an approximate power law:



• in principle q could be time-dependent, $q = q(\log)$



The PQ Phase Transition



Similarly if: $H_I\gtrsim f_a$





3) Number density after the nonlinear regime



More Domain Walls

$$\frac{a}{2\pi f_a} \sim \sqrt{\xi \log} = O(10)$$















$$\theta = 0 \div \pi$$

$$\ddot{a} + 3H\dot{a} + m_a^2 a = 0$$

$$\int_{u_1}^{u_2} \int_{-2\pi}^{u_2} \int_{-\pi}^{\pi} \int_{0}^{u_1} \int_{-2\pi}^{u_2} \int_{-\pi}^{\pi} \int_{0}^{u_2} \int_{\pi}^{u_2} \int_{-2\pi}^{u_2} \int_{-\pi}^{\pi} \int_{0}^{u_2} \int_{\pi}^{u_2} \int_{-2\pi}^{u_2} \int_{-\pi}^{u_2} \int_{0}^{u_2} \int_{\pi}^{u_2} \int_{-2\pi}^{u_2} \int_{-\pi}^{u_2} \int_{0}^{u_2} \int_{\pi}^{u_2} \int_{-2\pi}^{u_2} \int_{-\pi}^{u_2} \int_{0}^{u_2} \int_{\pi}^{u_2} \int_{-\pi}^{u_2} \int_{-\pi}^{u_$$

Scenario #1: (*T*, *H*) < f_a

 $a(t_0)$

Loop Distribution



Boost Factors







Lattice Spacing and Finite Volume Effects on q



End of the Scaling regime: $H = m_a \equiv H_*$





k/H

Axion Number Density after the transient



$$Q(t_{\ell}) \equiv \frac{n_{a}^{\text{str}}(t_{\ell})}{n_{a}^{\text{mis},\theta_{0}=1}(t_{\ell})} = \frac{c_{n}}{c_{n}'} c_{V} \left[\frac{W_{-1} \left(-\frac{c_{V}(1+\frac{2}{\alpha+2})}{4\pi\xi_{\star}\log_{\star}} \left(\frac{x_{0}}{c_{m}} \right)^{2\left(1+\frac{2}{\alpha+2}\right)} \right)}{-\frac{c_{V}(1+\frac{2}{\alpha+2})}{4\pi\xi_{\star}\log_{\star}}} \right]^{\frac{1}{2}\left(1+\frac{2}{\alpha+4}\right)} = \frac{c_{n}}{c_{n}'} c_{V} \left[\frac{4\pi\xi_{\star}\log_{\star}}{c_{V}} \left[1-\frac{2}{\alpha+4} \right] \log \left(\frac{4\pi\xi_{\star}\log_{\star}}{c_{V}} \left[1-\frac{2}{\alpha+4} \right] \left[\frac{c_{m}}{x_{0}} \right]^{2\left(1+\frac{2}{\alpha+2}\right)} \log(\ldots) \right) \right]^{\frac{1}{2}\left(1+\frac{2}{\alpha+4}\right)}.$$
(36)

Lattice Spacing

 $Log(m_r/H)=6$

5.8

5.6

5.5

5.3

2.5

2.0


Finite Volume



Dependence on the Initial Conditions



Domain wall tension

$$\sigma = \beta m_a f_a^2$$

Number of domain walls per Hubble patch

$$\mathcal{A} = \lim_{V \to \infty} At/V$$

Energy density

$$\rho_{\rm w} = \sigma \mathcal{A}/t = 2\sigma \mathcal{A}H$$

 $\Gamma_a^{\rm w} \simeq \rho_{\rm w}/(2t)$



$$\begin{split} n_a^{\rm w}(t) &\simeq \int_{\log t_\star}^{\log t_d} \mathcal{A} \frac{\beta f_a^2}{2t'} \left(\frac{R(t')}{R(t)} \right)^3 \, d\log t' \\ &\simeq \int_{\log t_\star}^{\log t_d} \mathcal{A} \beta f_a^2 \frac{t'^{1/2}}{2t^{3/2}} \, d\log t' \end{split}$$

$$\frac{\Omega_{\rm a}}{\Omega_{\rm DM}} \simeq \frac{\beta \mathcal{A}_d m_a f_a^2}{T_{\rm eq} H_d^{1/2} M_{\rm Pl}^{3/2}}$$
$$\simeq 2 \left(\frac{\mathcal{A}_d}{20}\right) \left(\frac{m_a}{H_d}\right)^{1/2} \left(\frac{f_a}{10^{12} \text{ GeV}}\right)^2 \left(\frac{m_a}{10^{-6} \text{ eV}}\right)^{1/2}$$